THE CRY OF THE POOR

**REFRAIN:** Moderate tempo \( \boxed{d = \text{ca. 66}} \)

Capo 2:  
\[
\begin{array}{cccccccc}
\text{(Em)} & \text{(D)} & \text{(Bm)} & \text{(Em)} & \text{(C)} \\
F\#m & E & C\#m & F\#m & D
\end{array}
\]

**VERSES:** Slightly faster \( \boxed{d = \text{ca. 76}} \)

1. I will bless the Lord at all times, with praise ever in my mouth.  
2. Let the lowly hear and be glad: the Lord listens to their pleas;  
3. Every spirit crushed, God will save; will be ransom for their lives;  
4. We proclaim your greatness, O God, your praise ever in our mouth;  

1. Let my soul glory in the Lord, who will  
2. and to hearts broken, God is near, who will  
3. will be safe shelter for their fears, and will  
4. every face brightened in your light, for you  

1-4. hear the cry of the poor.

Text: Based on Psalm 34:2–3, 18–19a, 19b–20, 4; John Foley, S.J., b. 1939.
Music: John Foley, S.J.
Text and music © 1978, 1991, John B. Foley, S.J., and OCP. All rights reserved.