

One In Body, Heart And Mind

Christopher Walker

Verses adapted from traditional Irish prayers

Refrain based on a traditional Gaelic melody

***REFRAIN** (♩ = ca. 84)

Descant

One in bod - y, heart and mind,

Soprano/ Melody
mp (a tempo)

Alto

One in bod - y, heart and mind, we are

Tenor
Bass

mp (a tempo)

****Keyboard**

mp (a tempo)

one by love u - nit - ed. Christ be love with -

one by love u - nit - ed. Christ be love with -

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Play Refrain one time as an Introduction.***Organ may play choral parts as accompaniment.**

String quartet and Harp parts are available from the publisher in manuscript form, edition 70046.

- in this sign, shared as bread and wine.

- in this sign, shared for all as bread and wine.

Fine

VERSES Cantor/All

1. In the bro - ken bread we rec - og - nize him
2. Come and eat this food: Christ's bod - y giv - en
3. Come and drink this cup: New Cov - e - nant for
4. We would bid you come, Lord, live with us and
5. As we eat our fill, now strength - en us to
6. In this prom - ise giv'n, now taste we the
7. Show us mer - cy, O Christ. From sin de - liv - er
8. By your wound - ed side, in safe - ty let

Optional Choir

S
A
T
B

Ah Ah

1. as he said. In the cup of prom - ise
 2. up for you. Feed your soul by faith and
 3. all to share. Drink, and be re - freshed with -
 4. make your home. Pu - ri - fy our hearts a -
 5. do your will. Let us food and com - fort
 6. food of heav'n. And with - in this cup of
 7. us at last; noth - ing is be - yond your
 8. us a - bide. What is weak in us dis -

(ah) Ah

1. giv'n we drink of the wine of heav - en.
 2. be made new by the Sav - ior's bod - y.
 3. in, Christ's blood that was shed for sin - ners.
 4. new, wor - thy lodg - ing, fit to hold you.
 5. be, meet - ing you in the poor and need - y.
 6. grace, Love shows us the way to whole - ness.
 7. pow'r. Stand with us at our fi - nal hour.
 8. pel, that we bold - ly pro - claim your Gos - pel.

(ah) Ah

rit. *D.C.*

rit. *D.C.*

rit. *D.C.*

ALTERNATIVE SAB REFRAIN

Soprano/Melody

(a tempo)

Alto

One in bod - y, heart and mind, we are one — by — love u - nit - ed.

Baritone

(a tempo)

Christ be love with - in this sign, — shared for all — as — bread and wine.

One In Body, Heart And Mind

SOLO INSTRUMENT

Christopher Walker

INTRO (♩ = ca. 84)

REFRAIN

mp (a tempo)

Fine

VERSES 1-8

mp

D.S.

rit.

One In Body, Heart And Mind

(Guitar/Vocal)

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*REFRAIN (♩ = ca. 84)

(a tempo)

One in bod - y, heart and mind, we are one _ by _ love u - nit - ed.

Christ be love with - in this sign, _ shared for all _ as _ bread and wine.

VERSES Cantor/All

1. In the bro - ken _ bread we rec - og - nize him
 2. Come and eat _ this _ food: Christ's bod - y giv - en
 3. Come and drink _ this _ cup: New Cov - e - nant for
 4. We would bid _ you _ come, Lord, live with us and
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 6. In this prom - ise _ giv'n, now taste _ we the
 7. Show us mer - cy, O Christ. From sin de - liv - er
 8. By your wound - ed _ side, in safe - ty let

1. as he said. In the cup of prom - ise _
 2. up for you. Feed your soul by faith _ and _
 3. all to share. Drink, and be re - freshed _ with -
 4. make your home. Pu - ri - fy our hearts _ a -
 5. do your will. Let us food and com - fort _
 6. food of heav'n. And with - in this cup _ of _
 7. us at last; noth - ing is be - yond _ your _
 8. us a - bide. What is weak in us _ dis -

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*Play Refrain one time as an Introduction.

D/F# G F#m/A Bm Em F#m/A Em/A *rit.* D.C.

1. giv'n we _____ drink _____ of the wine of heav - en.
 2. be made _____ new _____ by the Sav - ior's bod - y.
 3. - in, Christ's _____ blood _____ that was shed for sin - ners.
 4. - new, wor - thy lodg - ing, _____ fit to hold you.
 5. be, meet - ing you _____ in the poor and need - y.
 6. grace, Love _____ shows _____ us the way to whole - ness.
 7. pow'r. Stand _____ with us at our fi - nal hour. _____
 8. - pel, that we bold - ly pro - claim your Gos - pel.

ALTERNATIVE SAB REFRAIN

D A/D D F#m Bm7/D A/C# Bm7 F#m/A

Soprano/Melody
(a tempo)

Alto

One in bod - y, heart and mind, we are one _____ by _____ love u - nit - ed.

Baritone
(a tempo)

D G F#m Bsus4 Bm D7/A Gmaj9 Em/G D/A Em7/G D

Christ be love with - in this sign, _____ shared for all _____ as _____ bread and wine.

Performance Notes

One In Body, Heart And Mind is suitable for general use during Communion throughout the Church's year. Some verses are particularly suitable for the following celebrations:

Weddings	verses 4 & 6
Lent	verses 4, 7 & 8
Holy Week	verses 8, 2 & 3
Easter	verses 1 & 8
Body and Blood of Christ	verses 1-4
First Communion	verses 1-4
Lectionary	
Cycle B weeks 17-21	verses 1, 2 & 6
Triumph of the Cross	verse 8
Mission	verses 5 & 8
Funerals	verse 7

Two alternative harmony versions are given: SATB and SAB. The song is effective when sung unaccompanied or in unison with accompaniment. Save the harmony for variety and use the descant and instrumental part sparingly.

One In Body, Heart And Mind is dedicated to Father Paul Kenny, whose friendship and encouragement in all things Irish and musical have helped me greatly through the years.

— C.W.

Assembly Edition

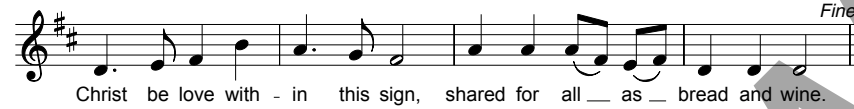
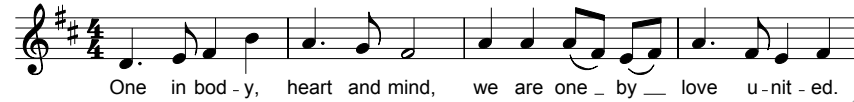
ONE IN BODY, HEART AND MIND

Christopher Walker

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Refrain based on a traditional Gaelic melody

REFRAIN



VERSES



- | | | |
|----|------------------------------|---------------------------|
| 1. | In the bro - ken _ bread | we rec - og - nize him |
| 2. | Come and eat _ this _ food: | Christ's bod - y giv - en |
| 3. | Come and drink _ this _ cup: | New Cov - e - nant for |
| 4. | We would bid _ you come, | Lord, live with us and |
| 5. | As we eat _ our _ fill, | now strength - en us to |
| 6. | In this prom - ise giv'n, | now taste we the |
| 7. | Show us mer - cy, O Christ. | From sin de - liv - er |
| 8. | By your wound - ed _ side, | in safe - ty let |



- | | | |
|----|-------------------------------|-----------------------|
| 1. | as he said. In the cup of | prom - ise _ |
| 2. | up for you. Feed your soul | by faith _ and _ |
| 3. | all to share. Drink, and be | re - freshed _ with - |
| 4. | make your home. Pu - ri - fy | our hearts _ a - |
| 5. | do your will. Let us food | and com - fort _ |
| 6. | food of heav'n. And with - in | this cup _ of _ |
| 7. | us at last; noth - ing is | be - yond _ your _ |
| 8. | us a - bide. What is weak | in us _ dis - |



- | | | |
|----|------------------------------|--------------------------|
| 1. | giv'n we _ drink _ of the | wine of heav - en. |
| 2. | be made _ new _ by the | Sav - ior's bod - y. |
| 3. | in, Christ's _ blood _ that | was shed for sin - ners. |
| 4. | new, wor - thy lodg - ing, | _ fit to hold you. |
| 5. | be, meet - ing you _ in the | poor and need - y. |
| 6. | grace, Love _ shows _ us the | way to whole - ness. |
| 7. | pow'r. Stand _ with us at | our fi - nal hour. _ |
| 8. | pel, that we bold - ly pro - | claim your Gos - pel. |

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