Laud, O Zion

Verses 1, 2 ($= ca. 92$)

1. Lo! the angel’s food is given To the pilgrim
2. Truth the ancient types fulfilling, I saac bound, a

1. who has striven; See the children’s bread from
2. victim willingly, Paschal lamb, its life-blood

1. heaven, which on dogs may not be spent.
2. spilling, manna to the fathers sent.

Verse 3

3. Very bread, good shepherd, tend us, Jesu, of your_

3. love befriend us, You refresh us, you defend us,

Note: The shorter form of this sequence is given here. The long form is available in the octavo Laud, O Zion, edition 1150.
3. Your e-ter-nal good-ness send us In the land of life to see.

Verse 4

4. You who all things can and know, Who on earth such

4. food be-stow, Grant us with your saints, though low-est,

4. Where the heav’n-ly feast you show, Fellow heirs and guests to