SAINT MEINRAD
Entrance and Communion Antiphons for the Church Year
Modal Settings of Roman Missal Texts in Modern Notation

SET TO MUSIC BY
COLUMBA KELLY, OSB

CANTOR/KEYBOARD EDITION
Lent through Holy Week
Saint Meinrad Entrance and Communion Antiphons for the Church Year
Volume 2: Lent through Holy Week – Cantor/Keyboard Edition

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Edition 30130293 Printed in USA
Edition #30130293
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Introduction

Guidelines for singing and accompanying chant in English

The texts for the antiphons have been taken directly from the new Roman Missal, Third Edition. The melodies for these antiphons are, for the most part, inspired by the Latin Gregorian chants as found in the Roman Gradual. They follow the modality and imitate the melodic patterns of the original Latin chants. Now, however, they use the rhythm and the flow of Midwestern American English, as typified by the recordings of T.S. Eliot (cf. iTunes web site) speaking his own poetry. The Congregational Refrains are based on the antiphons to which they are attached.

Both the antiphon and its refrain and the psalm verses that are chosen should be sung as if speaking the text with great conviction and the natural rhythm of the words. For nine audio examples of how one might sing these antiphons and refrains, go to:

http://www.saintmeinrad.org/the-monastery/liturgical-music/downloads/

Singing the Saint Meinrad Psalm Tones

The Saint Meinrad psalm tones should produce an effect of “sung speech.” Each word accent is given its due intensity and lengthening, while all the other syllables then flow rapidly either to or from that accent. The final word accent of each line in the psalm (i.e., in the Grail edition) will be softer and will bring the line to a gentle ending. End each line with a full breath that acts as a springboard to the next line. The effect will be that of a Roman arch that rises in intensity and speeds up at the beginning of the line and then coasts to a quiet rest at the end of each line. For the cantors it should produce the physical feeling of a pendulum swinging from one accent to the next until it comes to rest at the end of each line. Neither the piano nor the organ is of help for the rhythm or the variations in intensity; they can only support the pitches and provide harmonic background. For this reason it is suggested that repeated notes in lower voices of the accompaniments be tied over. It would be better for the accompanist to omit the one or two black notes that occur before the last open note at each double bar; these notes should be sung quickly and lightly by the cantor. Accompaniments should only be noticed when the singers stop singing! Raymond Henderson’s accompaniments that are provided in this edition give just such a background for singing these antiphons, refrains and psalm verses.

Singing the Antiphons and the Congregational Refrains

When there are two or more notes over a syllable, the singer should move quickly from the first note to the last note, which is then given the full length of time for the syllable. The effect will be like that of walking with a “bounce” in your step!

To help break the habit of singing every note as being of equal value, the choir and cantors might practice the Entrance antiphon for the First Sunday of Lent by speaking the text in the following manner:

1) Start with a full breath while swinging your right arm from 6 o’clock to 3 o’clock;
2) Swing your arm back from 3 o’clock to 9 o’clock while saying “When he calls on me,”
3) Swing your arm back from 9 o’clock to 3 o’clock while saying “I will answer him;”
4) Continue swinging back and forth between the following underlined accents:
   I will de-liv-er him, and give him glo-ry,
   I will grant him length of days.
5) Repeat these four steps while singing the melody of the Entrance Antiphon. Sing the word accents with greater intensity and a leaning forward toward each new accent until one coasts to the last accent of the piece with a softening of the voice. Sing the non-accented words and syllables very lightly and quickly. The danger will be to sing these pieces too slowly and in too evened-out a manner. Remember that chant is really
a form of “sung speech.” The assembly will tend to imitate the style and tempo they hear from the choir or the cantor.

Practice the refrain in the same manner: “Show us, O Lord, your saving power.”

Repeated notes over a single syllable are to be sung as separate vowel sounds (e.g., “God”: is then sung as: Gah-ahd). These notes will have a staccato mark (a dot) over them. Sometimes the staccato mark will have a tenuto (a small dash) over it, which indicates that these repeated notes are to be sung with a little lengthening and with greater intensity, if it is a word accent. A tenuto mark over a word (e.g.: “you” in the above example) indicates the broadening out of that word or note (allargando). A note with a wavy line over it marks the quilisma sign, which is actually a question mark; it indicates a note to be glided over lightly with strong emphasis on the note that follows. Practice the two notes by saying in a shocked voice: o-OH?

The incise mark (i.e., the vertical line that cuts only the top staff line) in these chants is always to be interpreted as adding some lengthening to the preceding note and breaking the sound by taking a quick breath. These incise marks indicate a sense unit in the text that needs a break in sound to make the phrasing audible for the listener. Every incise mark indicates a break in the sound, a quick breath, and a little delay before picking up speed again with the next phrase.

When there are several notes for a syllable, the note at the end of an internal slur always has some emphasis, or extra tension.

Guidelines for structuring the use of these antiphons and refrains

The antiphon may be sung:

1. Alone as a Call to Worship or before a hymn:
   Antiphon is sung by choir or cantor, then a hymn is sung by the assembly.

2. Repeated with psalm verses:
   Antiphon is sung by choir; psalm verse is sung by cantor; antiphon is then repeated by choir, etc., concluding with the antiphon.

3. As a complete Entrance or Communion procession:
   Antiphon is sung by choir or cantor, followed by the Congregational Refrain sung by a cantor and repeated by the assembly; psalm verses are sung by cantor, alternating with Congregational Refrain, and then the antiphon is again sung by the choir or cantor to conclude.

4. In simpler form, when resources and/or rehearsal time are limited:
   Congregational Refrain is sung first by a cantor and then repeated by the assembly. The cantor continues with psalm verses alternating with community’s refrain as needed. The antiphon is omitted.

Following the practice of the Roman Gradual, a Doxology (e.g., the Saint Meinrad Doxology) should be used as the last psalm verse to signal that the antiphon will be sung again as the conclusion of the processional rite. This would be the practice for guidelines 2, 3 and 4 as given above.

An appropriate antiphon or refrain from this collection may be sung during the Preparation of the Gifts, using one of the structures described above.

— Columba Kelly, OSB
You are merciful to all, O Lord,
nothing that you have made. You overlook
people’s sins, to bring them to repentance, and you spare them,
for you are the Lord our God.
Congregational Refrain

Be mer - ci - ful, O Lord, for we have sinned.

VERSES: Psalm 57(56):2–4

1. Have mercy on me, God, have mercy, in you my soul has tak - en refuge.
2. I call to you, God the Most, God who pro - vides for me.

1. ( )
2. May he send from heav - en and save e - and put to shame those who as - sail me.

1. In the shadow of your wings I take refuge, till the storms of de - struc - tion pass by.
2. ( ) May God send his loving mer - cy and faithfulness.
Communion Antiphon
Mode 3 Speech tempo, phrasing and emphasis

He who ponders the law of the Lord day and night will yield fruit in due season.

Cf. Ps. 1:2–3

Congregational Refrain

We ponder your law, O Lord, and your law is my delight.
VERSES: Psalm 1

1. Blessed indeed is the man who follows not the counsel of the wicked,
2. He is like a tree that is planted beside the flowing waters,
3. Not so are the wicked, not so!
4. When the wicked are judged they shall not rise, nor shall sinners in the council of the just;

1. nor stands in the path with sinners, nor abides in the company of scorners,
2. that yields its fruit in due season, and whose leaves shall never fade;
3. ( )
4. ( )

1. but whose delight is the law of the Lord, and who ponders his law day and night.
2. ( ) and all that he does shall prosper.
3. For they, like winnowed chaff, shall be driven away by the wind.
4. for the Lord knows the way of the just, the way of the wicked will perish.
First Sunday of Lent

Entrance Antiphon
Mode 8

Speech tempo, phrasing and emphasis

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

Cf. Ps. 91(90):15–16

Congregational Refrain

Show us, O Lord, your saving power.

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VERSES 1, 3: Psalm 91(90):1–2, 5–6

1. He who dwells in the shelter of the Most High, and abides in the shade of the Almighty,
3. You will not fear the terror of the night, nor the arrow that flies by day,

1. says to the LORD, “My refuge, my stronghold, my God in whom I trust!”
3. nor the plague that prowls in the midday, nor the scourge that lays waste at noon.

VERSE 2: Psalm 91(90):3–4

2. He will free you from the snare of the fowler and from the destructive plague; he will conceal you with his pinions, and under his wings you will find refuge.
2. His faithfulness is buckler and shield.
Communion

Communion Antiphon 1
Mode 3

Speech tempo, phrasing and emphasis

Cf. Mt. 4:4

One does not live on bread alone, but on every word that comes forth from the mouth of God.

Congregational Refrain

For you, O Lord, are my refuge.
VERSES: Psalm 19(18)

1. The law of the LORD is perfect; it re-vives the soul.
2. The precepts of the LORD are right; they glad-den the heart.
3. The fear of the LORD is pure, abid-ing for-ever.
4. They are more to be desired than gold, than quantities of gold.
5. So in them your servant finds instruc-tion; great reward is in their keeping.
6. From presumption restrain your servant, may it not rule me.
7. May the spoken words of my mouth, the thoughts of my heart,

1. The decrees of the LORD are steadfast; they give wisdom to the simple.
2. The command of the LORD is clear; it gives light to the eyes.
3. The judgments of the LORD are sure, all of them, just.
4. And sweeter are they than honey, than honey flowing from the comb.
5. But who can detect their own errors? From hidden faults ac-quit me.
6. Then shall I be blameless, (clean from grave sin.
7. win favor in your sight, O LORD, my rock and my re-deemer!
First Sunday of Lent, cont. (5)

Or:

Communion Antiphon 2
Mode 3

Speech tempo, phrasing and emphasis

The Lord will conceal you with his pinions, and under his wings you will trust.

Cf. Ps. 91(90):4

Congregational Refrain

For you, O Lord, are my refuge.
VERSE: Psalm 91(90):1–3. 11–16

1. He who dwells in the shelter of the Most High, and abides in the shade of the Almighty,
2. He will free you from the snare of the fowler, from the destructive plague;
3. They shall bear you upon their hands, lest you strike your foot against a stone.
4. Since he clings to me in love, I will free him, protect him, for he knows my name.
5. With length of days I will content him;

1. says to the LORD, “My refuge, my stronghold, my God in whom I trust!”
2. For you has he commanded his angels keep you in all your ways.
3. On the lion and the viper you will tread, and train, the young lion and the serpent.
4. (_________________) I will deliver him, and give him glory.
5. (_________________) I will show him my saving power.
SECOND SUNDAY OF LENT

Entrance

Entrance Antiphon 1
Mode 3

Speech tempo, phrasing and emphasis

Cf. Ps. 27(26):8–9

Of you my heart has spoken:

Seek his face.

It is your face, O Lord, that I seek; hide not your face from me.

The Lord is full of compassion for those who seek him.

Congregational Refrain

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VERSES: Psalm 27(26):1–3

1. The LORD is my light and my salvation; whom shall I fear?
2. When those who do evil draw near to devour my flesh, my heart would not fear.
3. Though an army encamp against me, it is they, my enemies.

1. The LORD is the stronghold of my life; (——) whom should I dread?
2. It is they, my enemies and foes, who stumble and fall.
3. Though war break out against me, even then would I trust.
Second Sunday of Lent, cont. (3)

Or:

Entrance Antiphon 2
Mode 4

Speech tempo, phrasing and emphasis

Cf. Ps. 25(24):6, 2, 22

Remember your compassion, O Lord, and your merciful love, for they are from of old.

Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.

Congregational Refrain

Redeem us, O Lord, from all distress.
VERSES: Psalm 25(24):1–6

1. To you, O LORD, I lift up my soul. In you, O my God, I have trusted;
2. O LORD, make me know your ways. Teach me your paths.
3. Remember your compassion, O LORD, and your merciful love,

1. Let me not be put to shame; let not my enemies exult over me.
2. Guide me in your truth, and teach me; for you are the God of my salvation.
3. ( )

1. Let none who hope in you be put to shame; but shamed are those who wantonly break faith.
2. ( )
3. ( )

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Communion Antiphon
Mode 1
Speech tempo, phrasing and emphasis
Mt. 17:5

This is my beloved Son, with whom I am well pleased;

Listen to him.

Congregational Refrain

This is my beloved Son, listen to him.
VERSES 1–6: Psalm 45(44):2–9

1. My heart overflows with noble words. To the king I address the song
2. You are the most handsome of the sons of men, and graciousness is poured out up -
3. Gird your sword upon your thigh, O mighty one, with your splendor
4. Your arrows are sharp — peoples fall beneath you—
5. Your throne, O God, shall endure for ever. A scepter of justice is the scepter
6. Therefore God, your God, has anointed you with the oil of gladness above
VERSE 7-11: Psalm 45(44):10-18

7. The daughters of kings are those whom you favor.
8. Listen, O daughter; pay heed and give ear: forget your own people and your
9. And the daughter of Tyre shall come with gifts; the richest of the people shall
10. In fine clothing she is led to the king; behind her are her maiden companions,
11. Sons will be yours to succeed your fathers; you will make them rulers over

7. On your right stands the queen in the midst of Ophir.
8. He is your LORD, pay homage to him.
9. her robes are threaded with gold.
10. they pass within the palace of the king.
11. Thus the peoples will praise you from age to age.
Second Sunday of Lent, cont. (8)

Or:

Communion Antiphon
Mode 1

*Speech tempo, phrasing and emphasis*

Mt. 17:5

This is my beloved Son, with whom I am well pleased;

Congregational Refrain

This is my beloved Son, listen to him.
VERSES: Psalm 29(28):1–4, 10–11

1. Ascribe to the LORD, you heavenly powers, ascribe to the LORD glory and strength.
2. The voice of the LORD upon the waters, the God of glory thunders;
3. The LORD sat enthroned above the flood; the LORD sits as king for ever.

1. ( )
2. the LORD on the immensity of waters; the voice of the LORD full of power;
3. ( )

1. Ascribe to the LORD the glory of his name; bow down before the LORD, majestic in holiness.
2. ( ) the voice of the LORD full of splendor.
3. The LORD will give strength to his people, the LORD will bless his people with peace.
Second Sunday of Lent, cont. (10)

Or:

Communion Antiphon
Mode 1  
Speech tempo, phrasing and emphasis  
Mt. 17:5

This is my beloved Son, with whom I am well pleased;

listen to him.

Congregational Refrain

This is my beloved Son, listen to him.
VERSES 1, 2: Psalm 89(88):6–11

1. The heavens praise your wonders, O LORD, your fidelity in the assembly of your
2. O LORD God of hosts, who is your equal? You are mighty, O LORD, and fidelity sur-

1. holy ones. For who in the skies can compare with the LORD, or who is like the LORD among the
2. rounds you. It is you who rule the raging sea; it is you who still the

1. heavenly powers? A God to be feared in the council of the holy ones, great and
2. surging of its waves. It is you who crush Rahab under-foot like a corpse; you scatter your

1. awesome to all around him.
2. foes with your mighty arm.
VERSES 3–6: Psalm 89(88):12–19

3. The heavens are yours, the earth is yours; you have founded the world and its (———)
4. (———) Yours is a mighty arm. Your hand is strong; your right hand is ex -
5. How blessed the people who know your praise, who walk, O LORD, in the light of your
6. For you are the glory of their strength; by your favor it is that our might is ex -

3. fullness; it is you who created the North and the South. Tabor and Hermon shout for
4. altered. Justice and right judgment are the pillars of your throne; merciful love and fidelity
5. face, who find their joy every day in your name, who make your justice their
6. altered. Behold, the LORD is our shield; he is the Holy One of

3. joy at your name.
4. walk in your presence.
5. joyful acclaim.
6. Israel, our king.
Third Sunday of Lent

Entrance Antiphon 1
Mode 7

Speech tempo, phrasing and emphasis

My eyes are always on the Lord.

for he rescues my feet from the snare.

and have mercy on me, for I am a

lonely and poor.

Cf. Ps. 25(24):15–16
Congregational Refrain

My eyes are always on the Lord.


1. Give judgment for me, O Lord, for I have walked in my integrity.
2. Examine me, LORD, and try me. O test my heart and my mind.
3. I never take my seat with liars, and with hypocrites I shall not go.

1. I have trusted in the LORD; I have not wavered.
2. Your mercy is before my eyes, and I walk according to your truth.
3. I hate the evildoer’s company; I will not take my seat with the wicked.

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Or:

Entrance Antiphon 2
Mode 3  

Cf. Ez. 36:23–26

Speech tempo, phrasing and emphasis

When I prove my holiness among you, I will gather you from all the foreign lands; and I will pour clean water upon you and cleanse you from all your impurities, and I will give you a new spirit, says the Lord.
CONGREGATIONAL REFRAIN

I will give you a new spirit, says the Lord.

VERSE: Psalm 34(33):2–7

1. I will bless the LORD at all times; praise of him is always in my mouth.
2. Glorify the LORD with all your heart; let your faces not be ashamed.
3. Look toward him and be radiant; let your faces not be ashamed.

1. In the LORD my soul shall make its boast; the humble shall hear and be glad.
2. I sought the LORD, and he answered me from all my terrors he set me free.
3. This lowly one called; the LORD heard, and rescued him from all his distress.

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Communion

Communion Antiphon 1
Mode 7

Speech tempo, phrasing and emphasis

For any one who drinks it, says the Lord, the water

I shall give will become in him a spring

welling up to eternal life.

Congregational Refrain

We drink from the spring of eternal life.
VERSES: Isaiah 12:1–2, 4–6

1. On that day, you will say: I give you thanks, O God.
2. God indeed is my savior; I am confident and unafraid.
3. With joy you will draw water at the fountain of salvation.
4. Sing praise to the LORD for his glorious achievement; let this be known throughout all the earth.

1. LORD; give thanks to the LORD, acclaim his name;
2. afraid. and proclaim how exalted is his name.
3. vation, and for great in your midst
4. earth. Shout with exultation, O city of Zion, for great in your midst

1. though you have been angry with me, your anger has a - bated, and you have consoled me.
2. My strength and my courage is the LORD, and he has been my savior.
3. among the nations make known his name.
4. ( ) the Holy One of Israel!!
Third Sunday of Lent, cont. (7)

Or:

Communion Antiphon 2
Mode 8

Speech tempo, phrasing and emphasis

Cf. Ps. 84(83):4–5

The sparrow finds a home, and the swallow a nest for her young:

by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

Blessed are they who dwell in your house.

Congregational Refrain
VERSES 1, 4: Psalm 84(83):2 – 3, 12 – 13

1. How lovely is your dwelling place, O LORD of hosts.
4. For the LORD God is a sun, a shield; the LORD will give us his favor and glory.

1. My soul is longing and yearning for the courts of the LORD.
4. He will not withhold any good to those who walk without blame.

1. My heart and my flesh cry to the living God.
4. O LORD of hosts, how blessed is the man who trusts in you!
VERSES 2, 3: Psalm 84(83):9–10, 11

2. O LORD God of hosts, hear my prayer; give ear, O God of Jacob.
3. One day within your courts is better than a thousand elsewhere.

2. Turn your eyes, O God, our shield; look on the face of your anointed.
3. The threshold of the house of God, I prefer to the dwellings of the wicked.
FOURTH SUNDAY OF LENT

Entrance Antiphon

Mode 5

Speech tempo, phrasing and emphasis

Cf. Is. 66:10–11

Rejoice, Jerusalem and all who love her.

Be joyful, all who were in mourning; exult.

and be satisfied at her consoling breast.

Congregational Refrain

Rejoice, O Jerusalem, all you who love her.
VERSES: Psalm 122(121):1–5

1. I rejoiced when they said to me, “Let us go to the house of the LORD.”
2. Jerusalem is built as a city bonded as one together.
3. For Israel’s witness it is to praise the name of the LORD.

1. And now our feet are standing within your gates, O Jerusalem.
2. It is there that the tribes go up, the tribes of the LORD.
3. There were set the thrones for judgment, the thrones of the house of David.
Fourth Sunday of Lent, cont. (3)

Or:

Entrance Antiphon
Mode 5

Speech tempo, phrasing and emphasis

Cf. Is. 66:10–11

Rejoice, Jerusalem, and all who love her.

Be joyful, all who were in mourning; exult.

and be satisfied at her consoling breast.

Congregational Refrain

Rejoice, O Jerusalem, you who love her.
VERSES: Isaiah 66:10–14

1. Rejoice with Jerusalem and be glad because of her, all you who
2. Oh, that you may suck fully of the milk of her
3. For thus says the LORD: Lo, I will spread prosperity over her like a
4. As a mother comforts her son, so I will com - fort
5. When you see this your heart shall ex - ult, and your bodies flourish like the

1. love her; (______________) (________________)
2. comfort, (________________) (________________)
3. river, and the wealth of the nations like an over - flow - ing torrent,
4. you; (________________) (________________)
5. grass; (________________) (________________)

1. Exult, ex - ult with her, all you who were mourning over her.
2. That you may nurse with delight at her a - bun - dant breasts!
3. As nurslings, you shall be carried in her arms, and fondled in her lap.
4. (______________) in Jerusalem you shall find your comfort.
5. The LORD’s power shall be known to his servants, but to his ene - mies, his wrath.
Communion

When the Gospel of the Man Born Blind is read:

**Communion Antiphon 1**
Mode 6

*Speech tempo, phrasing and emphasis*

Cf. Jn. 9:11, 38

I went, I washed, I saw and I believed in God.

It is the Lord who opens the eyes of the blind.
VERSES: Psalm 146(145):1–2, 5–8

1. My soul, give praise to the LORD; I will praise the LORD all my life,
2. Blessed is he who is helped by Jacob’s God, whose hope is in the LORD his God,
3. It is he who gives bread to the hungry, the LORD who sets prisoners free,

1. (who made the heavens and the earth, the seas and all they contain,)
2. who opens the eyes of the blind, (who makes the deaf hear,)
3. (who makes the blind see, who opens the eyes of the blind,)

1. (sing praise to my God while I live,)
2. who raises up those who are bowed down, (who saves those who are bowed down,)
3. (who preserves faithfulness forever, who does justice to those who are oppressed,)

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Fourth Sunday of Lent, cont. (7)

Or:

When the Gospel of the Prodigal Son is read:

Communion Antiphon 2
Mode 8

Speech tempo, phrasing and emphasis

Lk. 15:32

You must re-joice, my son, for your brother was dead

and has come to life; he was lost and is found.

Re joice in the Lord; ex ult, all you people.
VERSES 1, 4: Psalm 32(31):1–2, 11

1. Blessed is he whose transgression is forgiven, whose sin is remitted.
4. Rejoice in the LORD; exult, you just! (____)

1. Blessed the man to whom the LORD imputes no guilt, in whose spirit is upright
4. (____) Ring out your joy, all you upright

1. no guile.
4. of heart!
VERSES 2, 3: Psalm 32(31):3, 5, 8, 10

2. I kept it secret and my frame was wasted. I groaned all day long,
3. I will instruct you and teach you the way you should go;

2. To you I have acknowledged my sin; my guilt I did not hide,
3. I will fix my eyes upon you. Many sorrows has the wicked,

2. I said, “I will confess my transgression And you have forgiven the guilt of my sin.
3. but loving mercy surrounds one who trusts in the LORD.

VERSES 2, 3: Psalm 32(31):3, 5, 8, 10

2. I kept it secret and my frame was wasted. I groaned all day long,
3. I will instruct you and teach you the way you should go;

2. To you I have acknowledged my sin; my guilt I did not hide,
3. I will fix my eyes upon you. Many sorrows has the wicked,

2. I said, “I will confess my transgression And you have forgiven the guilt of my sin.
3. but loving mercy surrounds one who trusts in the LORD.
Fourth Sunday of Lent, cont. (10)

Or:

When another Gospel is read:

Communion Antiphon 3
Mode 7

Speech tempo, phrasing and emphasis

Cf. Ps. 122(121):3–4

Congregational Refrain
VERSES: Psalm 32(31):1–3, 5, 8, 10, 11

1. Blessed is he whose transgression is forgiven, whose sin is remitted.
2. I kept it secret and my frame was wasted. (________________________)
3. To you I have acknowledged my sin; my guilt I did not hide.
4. I will instruct you and teach you the way you should go;
5. Many sorrows has the wicked, but loving mercy surrounds you most! (________________________)
6. Rejoice in the LORD; exult, all you upright!

1. Blessed the man to whom the LORD imputes no guilt, in whose spirit I groaned
2. (________________________) And you have forgiven the guilt
3. I said, “I will confess my transgression to the LORD.” I will fix my
4. (________________________) one who trusts
5. (________________________) Ring out your joy, all you upright
6. (________________________)

1. is no guile.
2. all day long,
3. of my sin.
4. eyes upon you.
5. in the LORD.
6. right of heart!
**FIFTH SUNDAY OF LENT**

**Entrance Antiphon**

Mode 4  
*Speech tempo, phrasing and emphasis*

Give me justice, O God, and plead my cause against a nation that is faithless. From the deceitful and cunning rescue me, for you, O God, are my strength.

Cf. Ps. 43(42):1–2

**Congregational Refrain**

You, O God, are my strength.
VERSES: Psalm 43(42):1–3

1. Give me justice, O God, and plead my cause
   against a nation that is faithless.
2. You, O God, are my strength;
   why have you rejected me?
3. O send forth your light and your truth;
   they will guide me on.

1. From the deceitful and the cunning
   (—) rescue me, O God.
2. Why do I go mourning,
   oppressed by the foe?
3. They will bring me to your holy mountain,
   to the place where you dwell.
Fifth Sunday of Lent, cont. (3)

When the Gospel of Lazarus is read:

Communion

Communion Antiphon 1
Mode 1

*Cf. Jn. 11:26*

`Ev - er y - one who__ lives and be - lieves__ in me will__ not________`

`die___ for ev __ says the Lord.________`

Congregational Refrain

`Out of the depths I cry to you, _ O Lord.________`
VERSES: Psalm 130(129)

1. Out of the depths I cry to you, O LORD; LORD, hear my voice!
2. If you, O LORD, should mark iniquities, LORD, who could stand?
3. I long for you, O LORD, my soul longs for his word.
4. More than watchmen for daybreak, let Israel hope for the LORD.

1. (____________________) (____________________)
2. (____________________) (____________________)
3. (____________________) (____________________)
4. For with the LORD there is mercy, in him is plentiful redemption.

1. O let your ears be attentive to the sound of my pleadings.
2. But with you is found for whom you may be revered.
3. My soul hopes in the LORD more than watchmen for daybreak.
4. It is he who will redeem me from all its iniquities.
Fifth Sunday of Lent, cont. (5)

Or:
When the Gospel of the Adulterous Woman is read:

Communion Antiphon 2
Mode 8

Speech tempo, phrasing and emphasis

Jn. 8:10–11

Has no one condemned you, woman? No one, 

Lord. Neither shall condemn you. From now on, 

sin no more. 

Congregational Refrain

In you, O Lord, I take refuge.
VERSES: Psalm 32(31):1–2, 3, 5, 8, 10, 11

1. Blessed is he whose transgression is forgiven, whose sin is remitted.
2. I kept it secret and my frame was wasted. (____________)
3. To you I have acknowledged my sin; my guilt I did not hide.
4. I will instruct you and teach you the way you should go;
5. Many sorrows has the wicked, but loving mercy surrounds
6. Rejoice in the LORD; exult, you just. (____________)

1. Blessed the man to whom the LORD imputes no guilt, in whose
2. (____________) I
3. I said, “I will confess my transgression to the LORD.” And you have forgiven the
4. (____________) I will fix my
5. (____________) one who
6. (____________) Ring out your joy, all you

1. spirit is no guile.
2. groaned all day long.
3. guilt of my sin.
4. eyes upon you.
5. trusts in the LORD.
6. upright of heart!
Fifth Sunday of Lent, cont. (7)

Or:
When another Gospel is read:

Communion Antiphon 3
Mode 5

Jn. 12:24

Speech tempo, phrasing and emphasis

Am en, _ A m en _ I _ y _ to you: Un-less a grain of wheat

falls _ to the ground _ and it re-mains _ a sin gle grain _

But if it dies, _ it bears _ much fruit _

Congregational Refrain

Hide _ me in the shad ow of your wings.
VERSES: Psalm 17(16):1–2, 3, 5, 6–7, 8–9

1. O LORD, hear a cause that is just; pay heed to my cry.
2. Search my heart and visit me by night. (________________________)
3. I kept my steps firmly in your paths. (________________________)
4. To you I call; for you will surely heed me, O God. Turn your ear to me; hear my words.
5. Guard me as the apple of your eye. Hide me in the shadow of your wings.

1. Turn your ear to my prayer: no deceit is on my lips.
2. (________________________) My eyes by fire, and you will find no wrong in me.
3. (________________________) My feet have never faltered.
4. (________________________) Those who put their trust in you.
5. (________________________) From the violent attack of the wicked.

O LORD, hear a cause that is just; pay heed to my cry.
PALM SUNDAY OF THE PASSION OF THE LORD

First Form: The Procession

Antiphon
Mode 7
Speech tempo, phrasing and emphasis
Mt. 21:9

Ho-san-na to the Son of Da-vid; Bless-ed is he who comes in the
name of the Lord, the King of Is-ra-el. Ho-san-na

in the high-est.

Congregational Refrain
Ho-san-na in the high-est.

1. Give praise to the LORD, for he is good; (____________________)
2. The stone that the builders rejected has become the cornerstone.
3. The LORD is God, and has given us light. Go forward in procession with branches,

1. (__________________) (__________________) You are my God, I praise you.
2. (__________________) (__________________) You are my God, I praise you.
3. (__________________) (__________________) You are my God, I praise you.

Palm Sunday of the Passion of the Lord, cont. (3)

Or:

**Antiphon 1**
**Mode 1**

*Speech tempo, phrasing and emphasis*

The children of the Hebrews, carrying olive branches, went to meet the Lord, crying out and saying: Hosanna in the highest.

**Congregational Refrain**

Hosanna in the highest.
VERSES: Psalm 24(23)

1. The LORD’s is the earth and its fullness, the world, and those who dwell in it.
2. Who shall climb the mountain of the LORD? Who shall stand in his holy place?
3. Blessings from the LORD shall he receive, and right reward from the God who saves him.
4. O gates, lift high your heads; grow higher, ancient doors.
5. O gates, lift high your heads; grow higher, ancient doors.

1. (The clean of hands and pure of heart, whose soul is not set on vain things,
2. (The Lord, the mighty, the valiant; the Lord, the valiant in war.
3. (Who has not sworn deceitful words.
4. Let him enter, the king of glory! Who is this king of glory?
5. Let him enter, the king of glory! Who is this king of glory?

1. It is he who set it on the seas; on the rivers he made it firm.
2. (Such are the people who seek him, who seek the face of the God of Jacob.
3. (Such are the people who seek him, who seek the face of the God of Jacob.
4. The LORD, the mighty, the valiant; the LORD, the valiant in war.
5. He, the LORD of hosts, is the king of glory.
Palm Sunday of the Passion of the Lord, cont. (5)

Or:

Antiphon 2
Mode 1
Speech tempo, phrasing and emphasis

The children of the Hebrews spread their garments on the road, crying out and saying: Hosanna to the Son of David; blessed is he who comes in the name of the Lord.

Congregational Refrain

Hosanna in the highest.
VERSES: Psalm 47(46)

1. All peoples, clap your hands. Cry to God with shouts of joy!
2. He humbles peoples under us and nations under our feet.
3. God goes up with shouts of joy. The LORD goes up with trumpet blast.
4. God is king of all the earth. Sing praise with all your skill.
5. The princes of the peoples are assembled with the people of the God of Abraham.

1. For the LORD, the Most High, is awesome, the great king over all the earth.
2. Our heritage he chose for us, the pride of Jacob whom he loves.
3. Sing praise for God; sing praise! Sing praise to our king; sing praise!
4. God reigns over the nations. God sits up on his holy throne.
5. The rulers of the earth belong to God, who is greatly exalted.
Palm Sunday of the Passion of the Lord, cont. (7)

Third Form: The Simple Entrance

Entrance Antiphon
Mode 2

Speech tempo, phrasing and emphasis

Cf. Jn. 12:1, 12–13; Ps. 24(23):9–10

Six days before the Passover, when the Lord came into the city of Jerusalem, the children ran to meet him; in their hands they carried palm branches and with a loud voice cried out:

Ho - san - na in the high - est!
Blessed are you, who have come...
in your abundant mercy! O gates, lift your heads; grow

higher, ancient doors. Let him enter, the king of glory!

Who is this king of glory? He, the Lord of hosts,

he is the king of glory. Hosanna in the highest!
Blessed are you, who have come in your abundant mercy!

Let him enter, the King of glory!

Congregational Refrain
VERSES: Psalm 24(23):1–6

1. The LORD’s is the earth and its fullness, the world, and those who dwell in it.
2. Who shall climb the mountain of the LORD? Who shall stand in his holy place?
3. Blessings from the LORD shall he receive, and right reward from the God who saves him.

1. It is he who set it on the seas; (_____)
2. The clean of hands and pure of heart, whose soul is not set on vain things,
3. Such are the people who seek him, (_____)

1. on the rivers he made it firm.
2. who has not sworn deceitful words.
3. who seek the face of the God of Jacob.

Palm Sunday of the Passion of the Lord, cont. (10)
Communion

Communion Antiphon
Mode 8  
Speech tempo, phrasing and emphasis

Mt. 26:42

Congregational Refrain
VERSES 1, 7: Psalm 22(21):2–3, 23–24

1. My God, my God, why have you forsaken me? Why are you far from saving me,

7. I will tell of your name to my kin, and praise you in the midst of the assembly;

1. so far from my words of anguish, I call by day and you do not answer;

7. “You who fear the LORD, give him praise; all descendants of Jacob, give him glory;

1. I call by night and I find no relief;

7. revere him, all you descendants of Israel.
VERSES 2–6, 8–10: Psalm 22(21):5, 7, 15c, 17, 18, 28, 30, 31–32

2. In you our forebears put their trust;
3. But I am a worm and no man,
4. My heart has become like wax,
5. For dogs have surrounded me; a band of the wicked besets me.
6. I can count every one of his bones,
7. All the earth shall remember and return to the Lord,
8. They shall worship, all the mighty of the earth,
9. And my soul shall live for him, my descendants serve him.
10. They shall tell of the Lord to generations yet to come,

2. They trusted and you set them free.
3. scorned by everyone, despised by the people.
4. with my breast.
5. They tear holes in my hands and feet;
6. They stare at me and gloat.
8. all families of the nations worship before him.
9. before all shall bow all who go down to the dust.
10. declare his saving justice to peoples yet unborn:

justice to peoples yet unborn: things the Lord has done.”
Or:

Communion Antiphon
Mode 8

Speech tempo, phrasing and emphasis

Mt. 26:42

Father, if this chalice cannot pass

without my drinking it, your will be done.

O Lord, make haste to help me.

1. I trusted, even when I said, “I am sorely afflicted,”
2. How can I repay the LORD for all his goodness to me?
3. My vows to the LORD I will fulfill before all his people.
4. My vows to the LORD I will fulfill before all his people,


4. Your servant, LORD, your servant the son of your handmaid;
4. you have loosened my bonds. A thanksgiving sacrifice I make;

4. I will call on the name of the Lord.


**THURSDAY OF THE LORD’S SUPPER**

*At the Evening Mass*

**Entrance Antiphon**

Mode 4  
*Cf. Gal. 6:14*

*Speech tempo, phrasing and emphasis*

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

**Congregational Refrain**

By your cross and resurrection, save us, O Lord!
VERSES: Psalm 67(66):2–6

1. O God, be gracious and bless us and let your face shed its light upon us.
2. Let the peoples praise you, O God; (______________________)
   with uprightness you rule the peoples;
3. Let the nations be glad and shout for joy, (______________________)
   and let your face shed its light upon us.

---

1. So will your ways be known upon earth and all nations learn your salvation.
2. (______________________) you guide the peoples on earth.
3. (______________________) let all the peoples praise you.
4. (______________________) let all the peoples praise you.

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Edition #30130293
Communion Antiphon
Mode 8

1 Cor. 11:24–25

This is the Body that will be given up for you; this is the Chalice of the new covenant in my Blood, says the Lord; do this, whenever you receive it, in memory of me.

Congregational Refrain

You have prepared a table before me, my cup is overflowing.
VERSES 1, 2: Psalm 23(22):1–4

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.

1. Fresh and green are the pastures the Lord will provide where he will lead me.
2. (______) Though I should walk in the valley of the shadow of death, your crook and your staff will revives my soul.

1. Near restful waters he will lead me; he will revives my soul.
2. (______) no evil would I fear, for you are with me. Your crook and your staff will give me comfort.
VERSES 3, 4: Psalm 23(22):5–6

3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

3. My head you have anointed with oil; my cup is overflowing.
4. In the Lord’s own house shall I dwell for length of days unending.
Thursday of the Lord's Supper, cont. (6)

Or:

Communion Antiphon
Mode 8

Speech tempo, phrasing and emphasis

This is the Body that will be given up for you; this is the Chalice of the new covenant in my Blood, says the Lord;

do this, whenever it, in memory of me.

Congregational Refrain

You have prepared a table for me, my cup is overflowing.

Edition #30130293

1. I trusted, even when I said, “I am sorely afflicted,”
2. How can I repay the LORD for all his goodness to me?
3. My vows to the LORD I will fulfill before all his people.
5. My vows to the LORD I will fulfill before all his people,


4. Your servant, LORD, your servant the son of your handmaid;

Thursday of the Lord’s Supper, cont. (7)
Thursday of the Lord’s Supper, cont. (8)

4. you have loosened my bonds. A thanksgiving sacrifice I make;

4. I will call on the name of the LORD.
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