

SAINT MEINRAD
Entrance and Communion Antiphons
for the Church Year

Modal Settings of Roman Missal Texts in Modern Notation

SET TO MUSIC BY
COLUMBA KELLY, OSB

CANTOR/KEYBOARD EDITION
Ordinary Time, Sundays 18 through 33



Saint Meinrad Entrance and Communion Antiphons for the Church Year
Volume 5: Ordinary Time, Sundays 18 through 33 – Cantor/Keyboard Edition

Fr. Columba Kelly, OSB

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5536 NE Hassalo, Portland, OR 97213

(503)281-1191 liturgy@ocp.org ocp.org

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Table of Contents

Introduction	4	Twenty-Seventh Sunday in Ordinary Time	
Eighteenth Sunday in Ordinary Time		Entrance Antiphon	78
Entrance Antiphon	6	Communion Antiphon 1	80
Communion Antiphon 1	8	Communion Antiphon 2	84
Communion Antiphon 2	12	Twenty-Eighth Sunday in Ordinary Time	
Nineteenth Sunday in Ordinary Time		Entrance Antiphon	86
Entrance Antiphon	14	Communion Antiphon 1	88
Communion Antiphon 1	16	Communion Antiphon 2	92
Communion Antiphon 2	18	Twenty-Ninth Sunday in Ordinary Time	
Twentieth Sunday in Ordinary Time		Entrance Antiphon	94
Entrance Antiphon	20	Communion Antiphon 1	96
Communion Antiphon 1	22	Communion Antiphon 2	98
Communion Antiphon 2 (Ps. 119[118])	24	Thirtieth Sunday in Ordinary Time	
Communion Antiphon 2 (Ps. 23[22])	26	Entrance Antiphon	100
Twenty-First Sunday in Ordinary Time		Communion Antiphon 1	102
Entrance Antiphon	28	Communion Antiphon 2	104
Communion Antiphon 1	30	Thirty-First Sunday in Ordinary Time	
Communion Antiphon 2 (Ps. 119[118])	32	Entrance Antiphon	106
Communion Antiphon 2 (Ps. 23[22])	34	Communion Antiphon 1	108
Twenty-Second Sunday in Ordinary Time		Communion Antiphon 2 (Ps. 23[22])	110
Entrance Antiphon	36	Communion Antiphon 2 (Ps. 33[32])	112
Communion Antiphon 1	38	Thirty-Second Sunday in Ordinary Time	
Communion Antiphon 2	42	Entrance Antiphon	114
Twenty-Third Sunday in Ordinary Time		Communion Antiphon 1	116
Entrance Antiphon	44	Communion Antiphon 2	118
Communion Antiphon 1	46	Thirty-Third Sunday in Ordinary Time	
Communion Antiphon 2	50	Entrance Antiphon	120
Twenty-Fourth Sunday in Ordinary Time		Communion Antiphon 1	122
Entrance Antiphon (Ps. 122[121])	52	Communion Antiphon 2	124
Entrance Antiphon (Sir. 36)	54	Scriptural Index	127
Communion Antiphon 1	56		
Communion Antiphon 2	58		
Twenty-Fifth Sunday in Ordinary Time			
Entrance Antiphon (Ps. 78[77])	60		
Entrance Antiphon (Ps. 37[36])	62		
Communion Antiphon 1	64		
Communion Antiphon 2 (Ps. 23[22])	66		
Communion Antiphon 2 (Ps. 33[32])	68		
Twenty-Sixth Sunday in Ordinary Time			
Entrance Antiphon (Ps. 119[118])	70		
Entrance Antiphon (Ps. 130[129])	72		
Communion Antiphon 1	74		
Communion Antiphon 2	76		

Introduction

Guidelines for singing and accompanying chant in English

The texts for the antiphons have been taken directly from the new *Roman Missal, Third Edition*. The melodies for these antiphons are, for the most part, inspired by the Latin Gregorian chants as found in the Roman Gradual. They follow the modality and imitate the melodic patterns of the original Latin chants. Now, however, they use the rhythm and the flow of Midwestern American English, as typified by the recordings of T.S. Eliot (cf. iTunes web site) speaking his own poetry. The Congregational Refrains are based on the antiphons to which they are attached.

Both the antiphon and its refrain and the psalm verses that are chosen should be sung as if speaking the text with great conviction and the natural rhythm of the words. For nine audio examples of how one might sing these antiphons and refrains, go to:

<http://www.saintmeinrad.org/the-monastery/liturgical-music/downloads/>

Singing the Saint Meinrad Psalm Tones

The Saint Meinrad psalm tones should produce an effect of “sung speech.” Each word accent is given its due intensity and lengthening, while all the other syllables then flow rapidly either to or from that accent. The final word accent of each line in the psalm (i.e., in the Grail edition) will be softer and will bring the line to a gentle ending. End each line with a full breath that acts as a springboard to the next line. The effect will be that of a Roman arch that rises in intensity and speeds up at the beginning of the line and then coasts to a quiet rest at the end of each line. For the cantors it should produce the physical feeling of a pendulum swinging from one accent to the next until it comes to rest at the end of each line. Neither the piano nor the organ is of help for the rhythm or the variations in intensity; they can only support the pitches and provide harmonic background. For this reason it is suggested that repeated notes in lower voices of the accompaniments be tied over. It would be better for the accompanist to omit the one or two black notes that occur before the last open note at each double bar; these notes should be sung quickly and lightly by the cantor. Accompaniments should only be noticed when the singers stop singing! Raymond Henderson’s accompaniments that are provided in this edition give just such a background for singing these antiphons, refrains and psalm verses.

Singing the Antiphons and the Congregational Refrains

When there are two or more notes over a syllable, the singer should move quickly from the first note to the last note, which is then given the full length of time for the syllable. The effect will be like that of walking with a “bounce” in your step!

To help break the habit of singing every note as being of equal value, the choir and cantors might practice the Entrance Antiphon for the Eighteenth Sunday in Ordinary Time by speaking the text in the following manner:

- 1) Start with a full breath while swinging your right arm from 6 o’clock to 3 o’clock;
- 2) Swing your arm back from 3 o’clock to 9 o’clock while saying “O God,”
- 3) Swing your arm back from 9 o’clock to 3 o’clock while saying “come”
- 4) Swing your arm back from 3 o’clock to 9 o’clock while saying “to my”
- 5) Swing your arm back from 9 o’clock to 3 o’clock while saying “as-sis-tance;”
- 6) Continue swinging back and forth between the following underlined accents:

O Lord, make haste to help me!

You are my res-cuer, my help;

O Lord, do not de-lay.

- 7) Repeat these four steps while singing the melody of the Entrance Antiphon. Sing the word accents with greater intensity and a leaning forward toward each new accent until one coasts to the last accent of the piece with a softening of the voice. Sing the notes with a tenuto

mark over them as if they were word accents, as for example, the tenuto mark over the beginning of the word “God.” Sing the non-accented words and syllables very lightly and quickly. The danger will be to sing these pieces too slowly and in too evened-out a manner. Remember that chant is really a form of “sung speech.” The assembly will tend to imitate the style and tempo they hear from the choir or the cantor.

Practice the Congregational Refrain in the same manner:

“Come to our aid, O Lord, do not de-lay.”

Repeated notes over a single syllable are to be sung as separate vowel sounds (e.g., “God”: is then sung as: Gah-ahd). These notes will have a staccato mark (a dot) over them. Sometimes the staccato mark will have a tenuto (a small dash) over it, which indicates that these repeated notes are to be sung with a little lengthening and with greater intensity, if it is a word accent. A tenuto mark over a word (e.g., the first note of “God” in the above example) indicates the broadening out of that word or note (*allargando*). A note with a wavy line over it marks the *quilisma* sign, which is actually a question mark; it indicates a note to be glided over lightly with strong emphasis on the note that follows. Practice the two notes by saying in a shocked voice: o-OH?

The incise mark (i.e., the vertical line that cuts only the top staff line) in these chants is **always** to be interpreted as adding some lengthening to the preceding note and **breaking the sound** by taking a quick breath. These incise marks indicate a sense unit in the text that needs a break in sound to make the phrasing audible for the listener. Every incise mark indicates a **break in the sound**, a **quick breath**, and a **little delay before picking up speed again with the next phrase**.

When there are several notes for a syllable, the note at the **end** of an **internal slur** always has some emphasis, or extra tension.

Guidelines for structuring the use of these antiphons and refrains

The antiphon may be sung:

1. Alone as a Call to Worship or before a hymn:
Antiphon is sung by choir or cantor, then a hymn is sung by the assembly.
2. Repeated with psalm verses:
Antiphon is sung by choir; psalm verse is sung by cantor; antiphon is then repeated by choir, etc., concluding with the antiphon.
3. As a complete Entrance or Communion procession:
Antiphon is sung by choir or cantor, followed by the Congregational Refrain sung by a cantor and repeated by the assembly; psalm verses are sung by cantor, alternating with Congregational Refrain, and then the antiphon is again sung by the choir or cantor to conclude.
4. In simpler form, when resources and/or rehearsal time are limited:
Congregational Refrain is sung first by a cantor and then repeated by the assembly.
The cantor continues with psalm verses alternating with community’s refrain as needed.
The antiphon is omitted.

Following the practice of the *Roman Gradual*, a Doxology (e.g., the Saint Meinrad Doxology) should be used as the last psalm verse to signal that the antiphon will be sung again as the conclusion of the processional rite. This would be the practice for guidelines 2, 3 and 4 as given above.

An appropriate antiphon or refrain from this collection may be sung during the Preparation of the Gifts, using one of the structures described above.

— Columba Kelly, OSB

EIGHTEENTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 7

Speech tempo, phrasing and emphasis

Ps. 70(69):2, 6

O God, come to my assistance; O Lord,

make haste to help me! You are my rescuer,

my help; O Lord, do not delay.

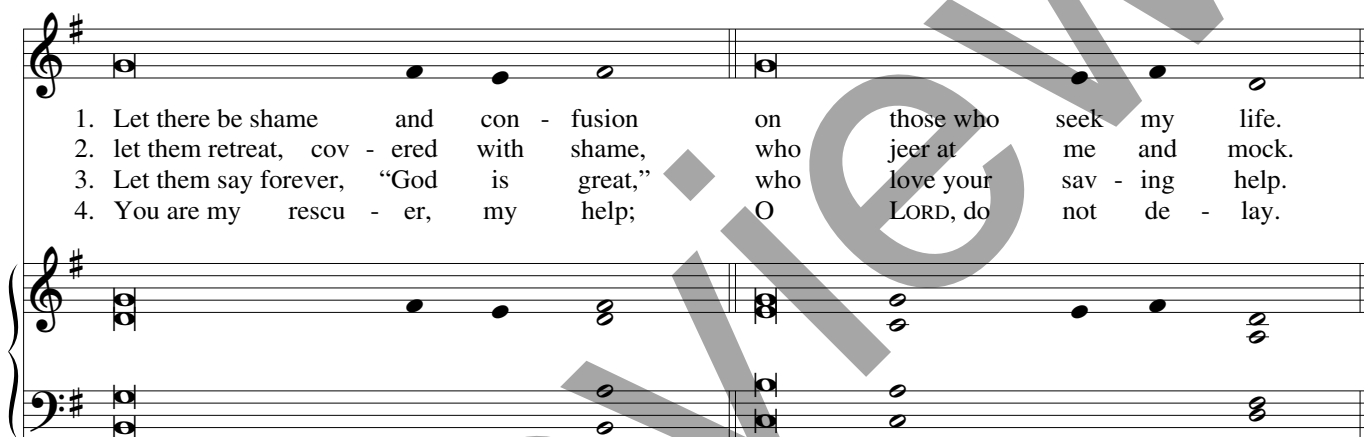
Congregational Refrain

Come to our aid, O Lord, do not delay!

VERSES: Psalm 70(69)



1. O God, come to my as - sistance; O LORD, make haste to help me!
2. O let them turn back in con - fusion, who delight in my harm;
3. O let there be rejoicing and gladness for all who seek you.
4. As for me, wretched and poor, hasten to me, O God.



1. Let there be shame and con - fusion on those who seek my life.
2. let them retreat, cov - ered with shame, who jeer at me and mock.
3. Let them say forever, "God is great," who love your sav - ing help.
4. You are my rescu - er, my help; O LORD, do not de - lay.

Communion

Communion Antiphon 1

Mode 5

Wis. 16:20

Speech tempo, phrasing and emphasis

You have giv - en us, — O Lord, bread — from heav - en, en - dowed — with —
all — de - lights — and — sweet — ness in
ev - ery taste.

The musical score consists of three systems. Each system has a vocal line on a single staff and a piano accompaniment on two staves (treble and bass clef). The key signature is G major (one sharp). The tempo and phrasing are indicated as 'Speech tempo, phrasing and emphasis'. The lyrics are: 'You have giv - en us, — O Lord, bread — from heav - en, en - dowed — with — all — de - lights — and — sweet — ness in ev - ery taste.' The piano accompaniment features a steady eighth-note bass line and a more melodic treble line.

Congregational Refrain

You, — O Lord, have giv - en us bread — from heav - en.

The musical score consists of two systems. Each system has a vocal line on a single staff and a piano accompaniment on two staves (treble and bass clef). The key signature is G major (one sharp). The lyrics are: 'You, — O Lord, have giv - en us bread — from heav - en.' The piano accompaniment features a steady eighth-note bass line and a more melodic treble line.

VERSES 1-5: Psalm 103(102):1-12

1. Bless the LORD, O my soul, and all within me, his ho - ly name.
 2. It is the Lord who forgives all your sins, who heals every one of your ills,
 3. The LORD does just deeds, gives full justice to all who are op - pressed.
 4. The LORD is compassionate and gracious, slow to anger and rich in mercy.
 5. For as the heavens are high above the earth, so strong his mercy for those who fear him.

1. (_____) (_____)
 2. who redeems your life from the grave, who crowns you with mercy and com - passion,
 3. (_____) (_____)
 4. He will not always find fault; nor persist in his an - ger for - ever.
 5. (_____) (_____)

1. Bless the LORD, O my soul, and never for - get all his benefits.
 2. who fills your life with good things, renewing your youth like an eagle's.
 3. He made known his ways to Moses, and his deeds to the chil - dren of Israel.
 4. He does not treat us according to our sins, nor repay us ac - cording to our faults.
 5. As far as the east is from the west, so far from us does he re - move our trans - gressions.

VERSES 6–10: Psalm 103(102):13–22

6. As a father has compassion on his children, the LORD's compassion is on those who fear him.
 7. Man, his days are like grass; he flowers like the flower of the field.
 8. But the mercy of the LORD is ever-lasting upon those who hold him in fear,
 9. The LORD has fixed his throne in heaven, and his kingdom is ruling over all.
 10. Bless the LORD, all his hosts, his servants, who do his will.

6. () ()
 7. () ()
 8. upon children's children his justice, for those who keep his covenant,
 9. Bless the LORD, all you his angels, mighty in power, fulfill - ing his word,
 10. Bless the LORD, all his works, in every place where he rules.

6. For he knows of what we are made; he re - members that we are dust.
 7. The wind blows, and it is no more, and its place never sees it a - gain.
 8. () and remember to ful - fill his com - mands.
 9. () who heed the voice of his word.
 10. () Bless the LORD, O my soul!



Or:

Communion Antiphon 2

Mode 5

Jn. 6:35

Speech tempo, phrasing and emphasis

I am the bread of life, says the Lord; who - ev - er comes

to me will not hun - ger and who - ev - er be -

lieves in me will not thirst.

Congregational Refrain

You, O Lord, have giv - en us bread from heav - en.

VERSES: Psalm 37(36):1, 3, 16, 18-19, 23, 27

1. Do not fret because of the wicked; (_____)
 2. Trust in the LORD and do good; (_____)
 3. Better the few possessions of the just, (_____)
 4. The LORD takes note of the days of the blameless; their heritage will last for - ever.
 5. By the LORD are the steps made firm (_____)
 6. Then turn away from evil and do good, (_____)

1. (_____) do not envy those
 2. (_____) then you will dwell in the land and
 3. (_____) than the abundant wealth
 4. They shall not be put to shame in e - vil days; in time of famine they shall
 5. (_____) of one in whose path
 6. (_____) and you may a -

1. who do evil.
 2. safe - ly pasture.
 3. of the wicked.
 4. have their fill.
 5. He de - lights.
 6. bide for - ever.

NINETEENTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon
Mode 7

Cf. Ps. 74(73):20, 19, 22, 23

Speech tempo, phrasing and emphasis

Look _____ to your cov - e - nant, O Lord, _____ and for - get _____ not the

life _____ of your poor _____ ones _____ for ev - er. A - rise, _____ O

God, _____ and de - fend _____ your cause, _____ and for - get _____ not the

cries _____ of those _____ who seek _____ you.

Congregational Refrain

Re - mem - ber us, who seek you, O Lord.

VERSES: Psalm 74(73):10-13, 16-17

1. How long, O God, is the enemy to scoff? Is the foe to insult your name for - ever?
 2. Yet God is my king from time past, who bestows salvation through all the land.
 3. Yours is the day and yours is the night; it was you who established the light and the sun.

1. Why, O Lord, do you hold back your hand? Why do you keep your right hand
 2. It was you who divided the sea by your might, who shattered the heads of the
 3. It was you who fixed the bounds of the earth, you who made both

(o)
 1. hidden in your cloak?
 2. monsters in the sea.
 3. sum - mer and winter.

Communion

Communion Antiphon 1

Mode 1

Ps. 147:12, 14

Speech tempo, phrasing and emphasis

O Je - ru - sa - lem, glo - ri - fy the Lord, who gives you

your fill of finest wheat.

Congregational Refrain

You give us our fill of finest wheat.

VERSES: Psalm 147B(147):12-20

1. O Jerusalem, glori - fy the LORD! O Sion, praise your God!
 2. He sends out his word to the earth, and swiftly runs his com - mand.
 3. He hurls down hail - stones like crumbs; before such cold, who can stand?
 4. He re - veals his word to Jacob; to Israel, his de - crees and judgments.

1. He has strengthened the bars of your gates; he has blessed your chil - dren with - in you.
 2. (_____) (_____)
 3. (_____) (_____)
 4. (_____) (_____)

1. He established peace on your borders; he gives you your fill of fin - est wheat.
 2. He showers down snow like wool; he scatters hoar - frost like ashes.
 3. He sends forth his word and it melts them; at the blowing of his breath the wa - ters flow.
 4. He has not dealt thus with oth - er nations; he has not taught them his judgments.

Or:

Communion Antiphon 2

Mode 1

Cf. Jn. 6:51

Speech tempo, phrasing and emphasis

The bread that I will give, says the Lord, is my flesh

for the life of the world.

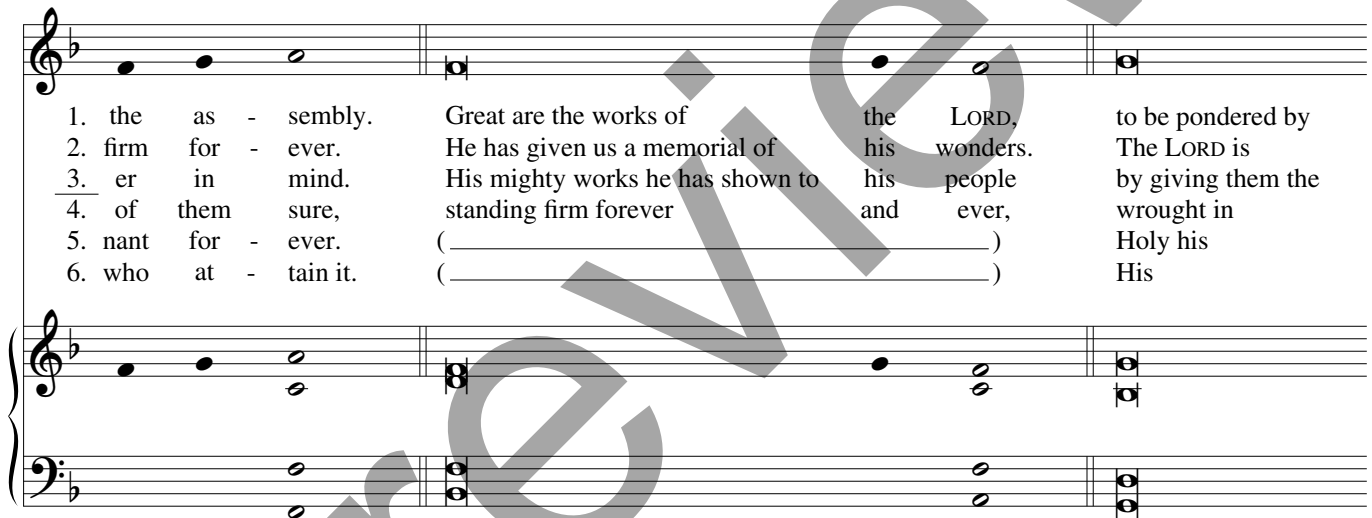
Congregational Refrain

You give us our fill of finest wheat.

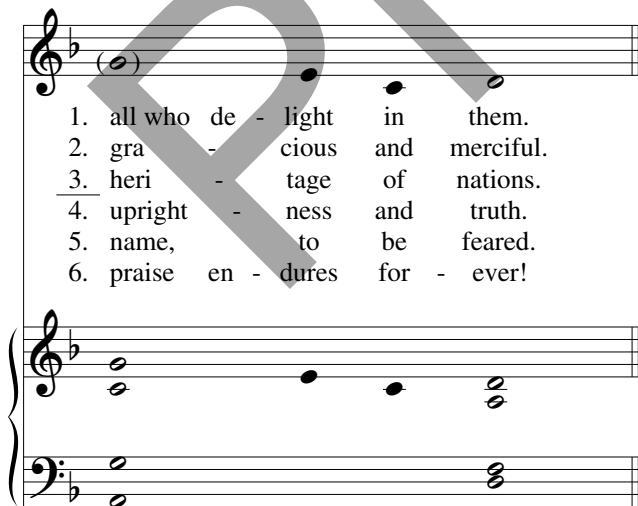
VERSES: Psalm 111(110)



1. I will praise the LORD with all my heart, in the meeting of the just and
 2. Majestic and glorious his work; his justice stands
 3. He gives food to those who fear him; keeps his covenant ev -
 4. His handiwork is justice and truth; his precepts are all
 5. He has sent re - demption to his people, and established his cove -
 6. The fear of the LORD is the begin - ning of wisdom; understanding marks all



1. the as - sembly. Great are the works of the LORD, to be pondered by
 2. firm for - ever. He has given us a memorial of his wonders. The LORD is
 3. er in mind. His mighty works he has shown to his people by giving them the
 4. of them sure, standing firm forever and ever, wrought in
 5. nant for - ever. (_____) Holy his
 6. who at - tain it. (_____) His



1. all who de - light in them.
 2. gra - cious and merciful.
 3. heri - tage of nations.
 4. upright - ness and truth.
 5. name, to be feared.
 6. praise en - dures for - ever!

TWENTIETH SUNDAY IN ORDINARY TIME

Entrance Antiphon

Entrance

Ps. 84(83):10-11

Mode 4

Speech tempo, phrasing and emphasis

Turn — your — eyes, — O God, — our shield; — and — look — on the

face of your a - noint - ed one; one — day — with - in your courts is

bet - ter than a thou - sand else - where.

Congregational Refrain

Turn — your eyes, — O God, and look up - on us.

VERSES: Psalm 84(83):2-3, 9-11

1. How lovely is your dwell - ing place, O LORD of hosts.
 2. O LORD God of hosts, hear my prayer; give ear, O God of Jacob.
 3. One day with - in your courts is better than a thou - sand elsewhere.

1. My soul is long - ing and yearning for the courts of the LORD.
 2. (_____) (_____)
 3. (_____) (_____)

1. My heart and my flesh cry out (_____) to the liv - ing God.
 2. Turn your eyes, O God, our shield; look on the face of your a - nointed.
 3. The threshold of the house of God I prefer to the dwellings of the wicked.

Communion

Communion Antiphon 1

Mode 6

Ps. 130(129):7

Speech tempo, phrasing and emphasis

With the Lord ___ there is mer - cy; in ___ him ___ is plen - ti -

ful ___ re - demp - tion.

Congregational Refrain

Who - ev - er eats this bread will live ___ for ev - er.

VERSES: Psalm 130(129)

1. Out of the depths I cry to you, O LORD; Lord, hear my voice!
 2. If you, O LORD, should mark iniquities, Lord, who could stand?
 3. I long for you, O LORD, my soul longs for his word.
 4. More than watchmen for daybreak, let Israel hope for the LORD.

1. O let your ears be attentive ()
 2. But with you is found forgiveness, ()
 3. My soul hopes in the Lord ()
 4. For with the LORD there is mercy, in him is plentiful redemption.

1. () to the sound of my pleadings.
 2. () that you may be revered.
 3. () more than watchmen for daybreak.
 4. It is he who will redeem Israel from all its iniquities.

Or:

Communion Antiphon 2

Mode 6

Jn. 6:51-52

Speech tempo, phrasing and emphasis

I am the liv - ing bread that came down from heav - en,
says the Lord. Who - ev - er eats of this bread will
live for ev - er.

The musical score consists of three systems. Each system includes a vocal line (treble clef) and piano accompaniment (grand staff). The key signature is one flat (B-flat major/D minor). The tempo and phrasing are indicated as 'Speech tempo, phrasing and emphasis'. The lyrics are: 'I am the living bread that came down from heaven, says the Lord. Whoever eats of this bread will live for ever.' A large 'PREVIEW' watermark is overlaid on the score.

Congregational Refrain

Who - ev - er eats this bread will live for ev - er.

The musical score for the congregational refrain consists of two systems. Each system includes a vocal line (treble clef) and piano accompaniment (grand staff). The key signature is one flat. The lyrics are: 'Whoever eats this bread will live for ever.'

VERSES: Psalm 119(118):1-2, 11, 49-50, 72, 103, 105

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. I treasure your word in my heart, (_____)
 3. Remember your word to your servant, by which you made me hope.
 4. The law from your mouth means more to me (_____)
 5. How sweet is your promise to my tongue, (_____)
 6. Your word is a lamp for my feet, (_____)

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. (_____) (_____) lest I sin a - gainst you.
 3. This is my com - fort in sorrow: that your promise gives me life.
 4. (_____) than large quantities of sil - ver and gold.
 5. (_____) more than honey in the mouth.
 6. (_____) and a light for my path.

Or:

Communion Antiphon 2

Mode 6

Jn. 6:51-52

Speech tempo, phrasing and emphasis

I am the liv - ing bread that came down from heav - en,

says the Lord. Who - ev - er eats of this bread will

live for ev - er.

Congregational Refrain

Who - ev - er eats this bread will live for ev - er.

VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
 2. He guides me along the right path, for the sake of his name.
 3. You have prepared a table before me in the sight of my foes.
 4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me re - pose.
 2. () Though I should walk in the valley of the shad - ow of death,
 3. My head you have a - noint - ed with oil; ()
 4. In the LORD's own house shall I dwell ()

1. Near restful wa - ters he leads me; () he re - vives my soul.
 2. no evil would I fear, for you are with me. Your crook and your staff will give me comfort.
 3. () my cup is o - ver - flowing.
 4. () for length of days un - ending.

TWENTY-FIRST SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 1

Cf. Ps. 86(85):1-3

Speech tempo, phrasing and emphasis

Turn your ear, O Lord, and answer me; save the ser - vant

who trusts in you, my God. Have mercy on me, O Lord,

for I cry to you all the day long.

Congregational Refrain

Have mercy on us, O Lord, as we cry to you.

VERSES: Psalm 86(85):5-8, 12-13

1. O Lord, you are good and for - giving, full of mercy to all who
 2. In the day of dis - tress, I will call to you, and surely you will
 3. I will praise you, Lord my God, with all my heart, and glorify your name for -

1. call to you. Give ear, O LORD, to my prayer, and attend to my
 2. answer me. Among the gods there is none like you, O Lord, nor
 3. ever. Your mercy to me has been great; you have saved me from the

1. voice in sup - pli - cation.
 2. works to com - pare with yours.
 3. depths of the grave.

Communion

Communion Antiphon 1

Mode 6

Speech tempo, phrasing and emphasis

Cf. Ps. 104(103):13-15

The earth is re-plete_ with the fruits____ of your_ work,____ O Lord; you bring____

forth____ bread_ from the earth and wine____ to cheer____ the heart.____

Congregational Refrain

Who - ev - er eats this bread will live____ for ev - er.

VERSES: Psalm 130(129)

1. Out of the depths I cry to you, O LORD; Lord, hear my voice!
 2. If you, O LORD, should mark iniquities, Lord, who could stand?
 3. I long for you, O LORD, my soul longs for his word.
 4. More than watchmen for daybreak, let Israel hope for the LORD.

1. O let your ears be attentive ()
 2. But with you is found forgiveness, ()
 3. My soul hopes in the Lord ()
 4. For with the LORD there is mercy, in him is plentiful redemption.

1. () to the sound of my pleadings.
 2. () that you may be revered.
 3. () more than watchmen for daybreak.
 4. It is he who will redeem Israel from all its iniquities.

Or:

Communion Antiphon 2

Mode 6

Cf. Jn. 6:54

Speech tempo, phrasing and emphasis

Who - ev - er eats my flesh and drinks my blood has e - ter - nal life,

says the Lord, and I will raise him up on the last day.

Congregational Refrain

Who - ev - er eats this bread will live for ev - er.

VERSES: Psalm 119(118):1-2, 11, 49-50, 72, 103, 105

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. I treasure your word in my heart, (_____)
 3. Remember your word to your servant, by which you made me hope.
 4. The law from your mouth means more to me (_____)
 5. How sweet is your promise to my tongue, (_____)
 6. Your word is a lamp for my feet, (_____)

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. (_____) (_____) lest I sin a - gainst you.
 3. This is my com - fort in sorrow: that your promise gives me life.
 4. (_____) than large quantities of sil - ver and gold.
 5. (_____) more than honey in the mouth.
 6. (_____) and a light for my path.

Or:

Communion Antiphon 2

Mode 6

Cf. Jn. 6:54

Speech tempo, phrasing and emphasis

Who - ev - er eats my flesh and drinks my blood has e - ter - nal life,

says the Lord, and I will raise him up on the last day.

Congregational Refrain

Who - ev - er eats this bread will live for ev - er.

VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
 2. He guides me along the right path, for the sake of his name.
 3. You have prepared a table before me in the sight of my foes.
 4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me repose.
 2. () Though I should walk in the valley of the shadow of death,
 3. My head you have anointed with oil; ()
 4. In the LORD's own house shall I dwell ()

1. Near restful waters he leads me; () he revives my soul.
 2. no evil would I fear, for you are with me. Your crook and your staff will give me comfort.
 3. () my cup is overflowing.
 4. () for length of days unending.

TWENTY-SECOND SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 8

Speech tempo, phrasing and emphasis

Cf. Ps. 86(85):3, 5

Have_ mer - cy on me,_ O Lord, for I cry_ to you_ all_ the

day_ long._ O_ Lord, you_ are good_

and for-giv - ing, full of mer - cy to_ all_ who call_ to you._

Congregational Refrain

O Lord,_ you are good and for - giv - ing.

VERSES: Psalm 86(85):1-6

1. Turn your ear, O LORD, and answer me, for I am poor and needy.
 2. Have mercy on me, O Lord, for I cry to you all the day long.
 3. O Lord, you are good and for-giving, full of mercy to all who call to you.

1. Preserve my soul, for I am faithful; save the servant who trusts in you, my God.
 2. Gladden the soul of your servant, for I lift up my soul to you, O Lord.
 3. Give ear, O LORD, to my prayer, and attend to my voice in sup- pli - cation.

Preview

Communion

Communion Antiphon 1

Mode 1

Ps. 31(30):20

Speech tempo, phrasing and emphasis

How great _____ is the good - ness, Lord, that you ___ keep _____ for

those ___ who fear _____ you.

Congregational Refrain

Glo - ri - fy the Lord with me; to - geth - er let us praise ___ his name.

VERSES 1-5: Psalm 31(30):2-9, 17-18

1. In you, O LORD, I take refuge. Let me never be put to shame.
 2. Be a rock of ref - uge for me, a mighty strong - hold to save me.
 3. Release me from the snare they have hidden, for you indeed are my refuge.
 4. Let me be glad and re - joice in your mercy, for you who have seen my af - fliction
 5. Let your face shine on your servant. Save me in your mer - ci - ful love.

1. (_____) (_____)
 2. (_____) (_____)
 3. Into your hands I com - mend my spirit. You will redeem me, O LORD, O faith - ful God.
 4. and taken heed of my soul's dis - tress, have not left me in the hands of the enemy,
 5. Let me not be put to shame, O LORD, (_____) for I call on you;

1. In your justice, set me free; incline your ear to me, and speedily res - cue me.
 2. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.
 3. You detest those who serve emp - ty idols. As for me, I trust in the LORD.
 4. (_____) but set my feet at large.
 5. let the wicked be shamed! Let them be silenced in the grave!

VERSES 6–10: Psalm 31(30):20–25

6. How great is the good - ness, LORD, that you keep for those who fear you,
 7. You hide them in the shelter of your presence, secure from hu - man scheming;
 8. Blest be the LORD for he has won - drous - ly shown me (_____)
 9. "I am far re - moved from your sight," I said in my a - larm.
 10. Love the LORD, all you his saints. The LORD guards the faithful.

6. (_____) (_____)
 7. (_____) (_____)
 8. (_____) (_____)
 9. (_____) (_____)
 10. But the LORD will repay to the full the one who acts with pride.

6. that you show to those who trust you in the sight of the chil - dren of men.
 7. you keep them safe with - in your tent (_____) from dis - put - ing tongues.
 8. (_____) his merciful love in a for - ti - fied city!
 9. Yet you heard the voice of my plea when I cried to you for help.
 10. Be strong, let your heart take courage, all who hope in the LORD.



Or:

Communion Antiphon 2

Mode 1

Mt. 5:9-10

Speech tempo, phrasing and emphasis

Bless-ed are the peace - mak - ers, for they shall be called ___ chil - dren of God. ___

Bless-ed are they ___ who are per - se - cut - ed for the sake ___ of

righ - teous-ness, for ___ theirs ___ is the King - dom of Heav - en.

Congregational Refrain

Glo - ri - fy the Lord with me; to - geth - er let us praise _ his name.

VERSES: Psalm 37(36):1, 3, 16, 18-19, 23, 27

1. Do not fret be - cause of the wicked; do not envy those who do evil.
 2. Better the few pos - sessions of the just, (_____)
 3. The LORD takes note of the days of the blameless; their heritage will last for - ever.
 4. By the LORD are the steps made firm (_____)
 5. Then turn away from evil and do good, (_____)

1. Trust in the LORD and do good; then you will dwell in the land and safe - ly pasture.
 2. (_____) than the abundant wealth of the wicked.
 3. They shall not be put to shame in e - vil days; in time of famine they shall have their fill.
 4. (_____) of one in whose path He de - lights.
 5. (_____) and you may a - bide for - ever.

TWENTY-THIRD SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 1

Ps. 119(118):137, 124

Speech tempo, phrasing and emphasis

You are just, _____ O Lord, _____ and your judg-ment is right; _____

treat__ your ser - vant in ac - cord _____ with your mer - ci - ful love. _____

The musical score consists of a vocal line and piano accompaniment. The vocal line is written in a single staff with a treble clef and a key signature of one flat (B-flat). The piano accompaniment is written in two staves (treble and bass clefs) with a key signature of one flat. The tempo and phrasing are indicated as 'Speech tempo, phrasing and emphasis'. The lyrics are: 'You are just, _____ O Lord, _____ and your judg-ment is right; _____ treat__ your ser - vant in ac - cord _____ with your mer - ci - ful love. _____'. There are large, semi-transparent 'PREVIEW' watermarks overlaid on the score.

Congregational Refrain

Bless - ed are they _____ who walk in the way of the Lord.

The musical score for the Congregational Refrain consists of a vocal line and piano accompaniment. The vocal line is written in a single staff with a treble clef and a key signature of one flat (B-flat). The piano accompaniment is written in two staves (treble and bass clefs) with a key signature of one flat. The lyrics are: 'Bless - ed are they _____ who walk in the way of the Lord.'. There are large, semi-transparent 'PREVIEW' watermarks overlaid on the score.

VERSES: Psalm 119(118):145-152

1. I call with all my heart; LORD, answer me. I will observe your statutes.
 2. I rise before dawn and cry for help; I have hoped in your word.
 3. In your mercy, hear my voice, O LORD; give me life by your decrees.
 4. But you, O LORD, are close; all your commands are truth.

1. I call up - on you; save me, and I will keep your de - crees.
 2. My eyes a - waken be - fore dawn, to pon - der your promise.
 3. Those who pursue me with malice draw near; they are far from your law.
 4. From of old I have known that your de - crees are es - tab - lished for - ever.

Communion

Communion Antiphon 1

Mode 2

Cf. Ps. 42(41):2-3

Speech tempo, phrasing and emphasis

Like the deer that yearns for running streams,
so my soul is yearning for you, my
God; my soul is thirsting for God, the living God.

Congregational Refrain

My soul is thirsting for the living God.

VERSES 1-5: Psalm 42(41):3c-8

1. When can I enter and ap - pear before the face of God?
 2. For I would go to the place of your won - drous tent,
 3. Why are you cast down, my soul; why groan with - in me?
 4. My soul is cast down with - in me, therefore I re - mem - ber you
 5. Deep is calling on deep, in the roar of your torrents;

1. My tears have be - come my bread, () by day, by night,
 2. all the way to the house of God, amid cries of gladness and thanks - giving,
 3. Hope in God; I will praise him yet a - gain, ()
 4. from the land of Jordan and Mount Hermon, ()
 5. your billows and all your waves ()

1. as they say to me all the day long, () "Where is your God?"
 2. () the thron keeping joy - ful festival.
 3. () my saving presence and my God.
 4. () from the Hill of Mizar.
 5. () swept o - ver me.

VERSES 6–9: Psalm 42(41):9–12

6. By day the LORD de - crees his mer - ci - ful love;
 7. I will say to God, my rock, "Why have you for - gotten me?
 8. With a deadly wound in my bones, my ene - mies re - vile me,
 9. Why are you cast down, my soul; why groan with - in me?

6. by night his song is with me, prayer to the God of my life.
 7. (——) Why do I go mourning op - pressed by the foe?"
 8. saying to me all the day long, (——) "Where is your God?"
 9. Hope in God; I will praise him yet a - gain, my saving presence and my God.



Or:

Communion Antiphon 2

Mode 2

Jn. 8:12

Speech tempo, phrasing and emphasis

I _____ am the light of the world, says _____ the Lord; who - ev - er fol - lows me

will not _____ walk _____ in dark - ness, but will have _____ the light _____ of life. _____

Congregational Refrain

My soul _____ is thirst - ing for the liv - ing God.

VERSES: Psalm 36(35):6-10

1. Your mercy, LORD, reaches to heaven, your truth to the
 2. How precious is your mercy, O God! The children of men seek
 3. They feast on the riches of your house; you give them drink from the stream of your de -

1. clouds. Your justice is like God's mountains; like the great deep, your
 2. shelter () ()
 3. light. For with you is the foun - tain of life, ()

1. justice. Both man and beast you save, O LORD.
 2. —) in the shadow of your wings.
 3. —) and in your light we see light.

TWENTY-FOURTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 1

Cf. Sir. 36:18

Speech tempo, phrasing and emphasis

Give _____ peace, _____ O Lord, _____ to those who wait for you, that your
proph-ets be found _____ true. Hear _____ the prayers of your ser - vant, and _____ of your
peo - ple Is - ra - el. _____

Congregational Refrain

Give peace, _____ O Lord, to those who wait _____ for you.

VERSES: Psalm 122(121):1-7

1. I re - joiced when they said to me, "Let us go to the house of the LORD."
 2. Jerusalem is built as a city bonded as one to - gether.
 3. For Israel's wit - ness it is to praise the name of the LORD.
 4. For the peace of Je - ru - sa - lem pray, "May they prosper, those who love you."

1. And now our feet are standing within your gates, O Je - rusalem.
 2. It is there that the tribes go up, the tribes of the LORD.
 3. There were set the thrones for judgment, the thrones of the house of David.
 4. May peace a - bide in your walls, and se - curity be in your towers.



Or:

Entrance Antiphon

Mode 1

Cf. Sir. 36:18

Speech tempo, phrasing and emphasis

Give _____ peace, _____ O Lord, _____ to those who wait for you, that your

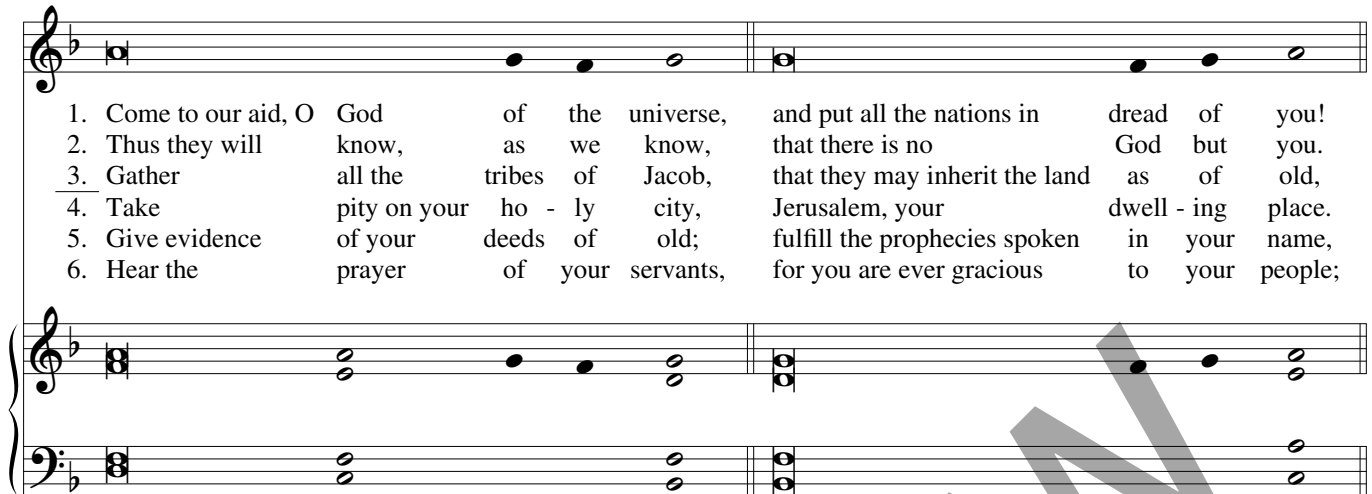
proph-ets be found _____ true. Hear _____ the prayers of your ser - vant, and _____ of your

peo - ple Is - ra - el. _____

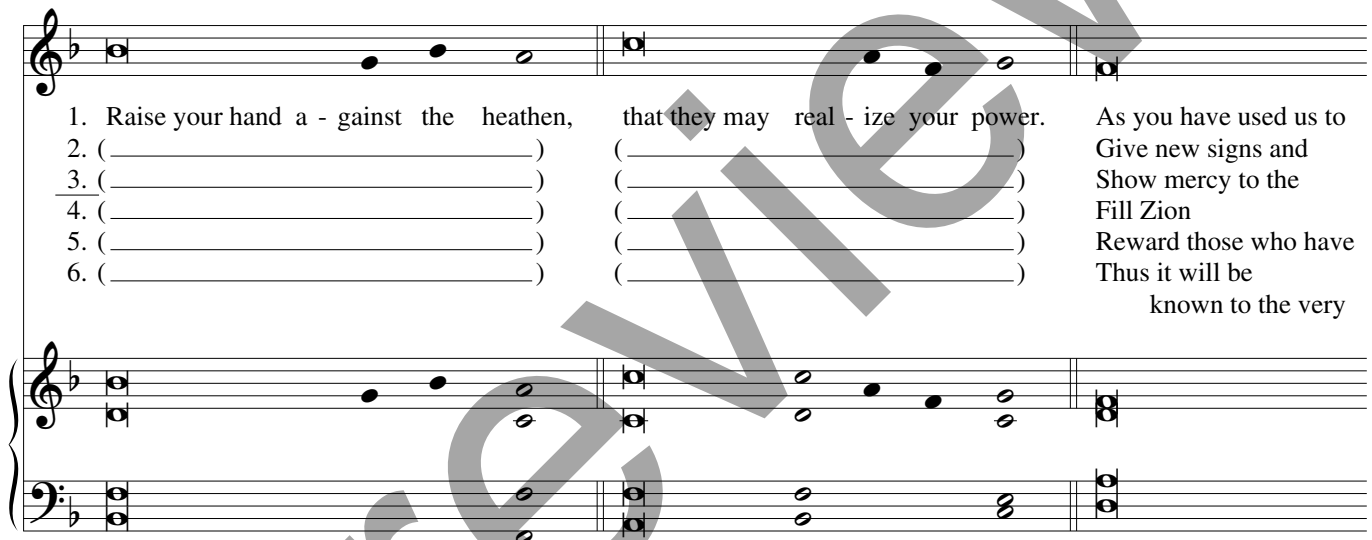
Congregational Refrain

Give peace, _____ O Lord, to those who wait _____ for you.

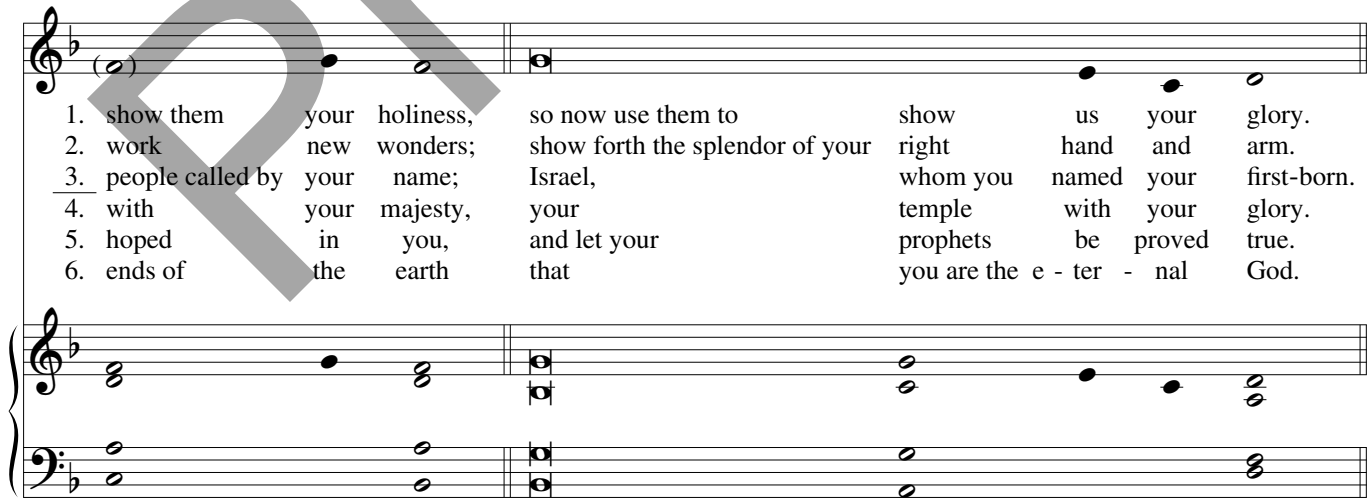
VERSES: Sirach 36:1-5, 10-17



1. Come to our aid, O God of the universe, and put all the nations in dread of you!
 2. Thus they will know, as we know, that there is no God but you.
 3. Gather all the tribes of Jacob, that they may inherit the land as of old,
 4. Take pity on your ho - ly city, Jerusalem, your dwell - ing place.
 5. Give evidence of your deeds of old; fulfill the prophecies spoken in your name,
 6. Hear the prayer of your servants, for you are ever gracious to your people;



1. Raise your hand a - gainst the heathen, that they may real - ize your power. As you have used us to
 2. (_____) (_____) Give new signs and
 3. (_____) (_____) Show mercy to the
 4. (_____) (_____) Fill Zion
 5. (_____) (_____) Reward those who have
 6. (_____) (_____) Thus it will be
 known to the very



1. show them your holiness, so now use them to show us your glory.
 2. work new wonders; show forth the splendor of your right hand and arm.
 3. people called by your name; Israel, whom you named your first-born.
 4. with your majesty, your temple with your glory.
 5. hoped in you, and let your prophets be proved true.
 6. ends of the earth that you are the e - ter - nal God.

Communion Antiphon 1

Communion

Cf. Ps. 36(35):8

Mode 4

Speech tempo, phrasing and emphasis

How pre-cious is your mer - cy, O God! The chil - dren of men seek

shel - ter in the shad - ow of your wings.

Congregational Refrain

O taste_ and see that the Lord_ is good!

VERSES: Psalm 36(35):6-10

1. Your mercy, LORD, reach - es to heaven, your truth to the
 2. How precious is your mer - cy, O God! The children of men seek
 3. They feast on the riches of your house; you give them drink from the stream of your de -

1. clouds. Your justice is like God's mountains; like the great deep, your justice.
 2. shelter (_____) (_____)
 3. light. (_____) (_____)

1. (_____) Both man and beast you save, O LORD.
 2. (_____) in the shadow of your wings.
 3. For with you is the foun - tain of life, and in your light we see light.

Or:

Communion Antiphon 2

Mode 4

Cf. 1 Cor. 10:16

Speech tempo, phrasing and emphasis

The chal - ice of bless - ing that we bless is a com - mun - ion in the

Blood_ of Christ; and the bread_ that we break_ is a shar - ing in the

Bod - y of the Lord.

Congregational Refrain

O taste_ and see that the Lord_ is good!

VERSES: Psalm 116B(115):10-19

1. I trusted, even when I said, "I am sorely af - flicted,"
 2. How can I re - pay the LORD for all his goodness to me?
 3. My vows to the LORD I will ful - fill before all his people.
 4. Your servant, LORD, your ser - vant am I, the son of your handmaid;
 5. My vows to the LORD I will ful - fill before all his people,

1. (_____) (_____)
 2. (_____) (_____)
 3. (_____) (_____)
 4. you have loos - ened my bonds. A thanksgiving sacrifice I make;
 5. (_____) (_____)

1. and when I said in my a - larm, "These people are all liars."
 2. The cup of salvation I will raise; I will call on the name of the LORD.
 3. How precious in the eyes of the LORD is the death of his faithful.
 4. (_____) I will call on the name of the LORD.
 5. in the courts of the house of the LORD, in your midst, O Je - rusalem.

TWENTY-FIFTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 4

Speech tempo, phrasing and emphasis

I am the sal - va - tion of the peo - ple, says the

Lord. Should they cry to me in an - y dis - tress, I will

hear them, and I will be their Lord for ev - er.

Congregational Refrain

Be our sal - va - tion, O Lord, for - ev - er.

VERSES: Psalm 78(77):1-7

1. Give ear, my people, to my teaching; incline your ear to the words of my mouth.
 2. The things we have heard and understood, the things our fathers have told us,
 3. He established a decree in Jacob; in Israel he set up a law.
 4. They should arise and declare it to their children, that they should set their hope in God,

1. (_____) (_____)
 2. these we will not hide from their children but will tell them to the next generation:
 3. To our fathers he gave a command to make it known to their children,
 4. (_____) (_____)

1. I will open my mouth in a parable and utter hidden lessons of the past.
 2. the glories of the LORD and his might, and the marvelous deeds he has done.
 3. that the next generation might know it, the children yet to be born.
 4. and never forget God's deeds, but keep every one of his commands.

Or:

Entrance Antiphon

Mode 4

Speech tempo, phrasing and emphasis

I am the sal - va - tion of the peo - ple, says the

Lord. Should they cry to me in an - y dis - tress, I will

hear them, and I will be their Lord for ev - er.

Congregational Refrain

Be our sal - va - tion, O Lord, for - ev - er.

VERSES: Psalm 37(36):27-40

1. Then turn away from evil and do good, and you may abide for -
 2. The unjust shall be wiped out for - ever, and the descendants of the wicked de -
 3. The mouth of the just man ut - ters wisdom, and his tongue tells forth what is
 4. The wicked man keeps watch for the just, and seeks an occasion to de -
 5. Then wait for the LORD, keep to his way. He will exalt you to inherit the
 6. I have seen the wicked one tri - umphant, towering like a cedar of
 7. Mark the blameless, ob - serve the upright; for the peaceful man a future lies in
 8. But from the LORD comes the sal - vation of the just, their stronghold in time of dis -

1. ever; () ()
 2. stroyed. () ()
 3. just. () ()
 4. stroy him. () ()
 5. land, () ()
 6. Lebanon. () ()
 7. store, () ()
 8. tress. The LORD helps them and res - cues them, rescues and saves them from the wicked:

1. for indeed, the LORD loves justice, and will never for - sake his faithful.
 2. The just shall inher - it the land; there they shall a - bide for - ever.
 3. The law of his God is in his heart; his steps shall be saved from stumbling.
 4. The LORD will not leave him in his power, nor let him be con - demned when he is judged.
 5. () and you will see the wick - ed de - stroyed.
 6. I passed by again; he was gone. I searched; he was nowhere to be found.
 7. but sinners shall all be de - stroyed. No future lies in store for the wicked.
 8. () because they take ref - uge in him.

Communion

Communion Antiphon 1

Mode 5

Ps. 119(118):4-5

Speech tempo, phrasing and emphasis

You ___ have laid ___ down ___ your pre - cepts to be care - ful - ly kept;

may ___ my ___ ways ___ be ___ firm ___ in keep - ing

your ___ stat - utes.

Congregational Refrain

O taste ___ and see that the Lord ___ is good! ___

VERSES: Psalm 119(118):1-3, 7-9, 26, 59-60, 134, 168

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. I will thank you with an up - right heart, as I learn your just judgments.
 3. I declared my ways and you answered me; (_____)
 4. I have pondered my ways, and turned my steps to your de - crees.
 5. Redeem me from man's op - pression, and I will keep your precepts.

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. I will keep your statutes; do not ev - er for - sake me.
 3. (_____) (_____)
 4. (_____) (_____)
 5. (_____) (_____)

1. They never do an - y - thing evil, but walk in his ways.
 2. How shall a youth remain pure on his way? By o - bey - ing your word.
 3. (_____) (_____) teach me your statutes.
 4. I made haste; I did not de - lay to o - bey your com - mands.
 5. I obey your precepts and de - crees; all my ways are be - fore you.

Or:

Communion Antiphon 2

Mode 5

Jn. 10:14

Speech tempo, phrasing and emphasis

I am the Good Shepherd, says the Lord; I know my sheep,

and mine know me.

Congregational Refrain

O taste and see that the Lord is good!

VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
 2. He guides me along the right path, for the sake of his name.
 3. You have prepared a table before me in the sight of my foes.
 4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me re - pose.
 2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
 3. () ()
 4. () ()

1. Near restful wa - ters he leads me; () he re - vives my soul.
 2. () Your crook and your staff will give me comfort.
 3. My head you have anoint - ed with oil; my cup is o - ver - flowing.
 4. In the LORD's own house shall I dwell for length of days un - ending.

Or:

Communion Antiphon 2

Mode 5

Jn. 10:14

Speech tempo, phrasing and emphasis

I am the Good Shepherd, says the Lord; I know my sheep,

and mine know me.

Congregational Refrain

O taste and see that the Lord is good!

VERSES: Psalm 33(32):1, 12-13, 18-22

1. Ring out your joy to the LORD, O you just; (_____)
 2. Blessed the nation whose God is the LORD, the people he has chosen as his heritage.
 3. Yes, the LORD's eyes are on those who fear him, who hope in his mer - ci - ful love,
 4. Our soul is waiting for the LORD. He is our help and our shield.

1. (_____) (_____)
 2. (_____) (_____)
 3. (_____) (_____)
 4. In him do our hearts find joy. We trust in his ho - ly name.

1. (_____) for praise is fitting for the upright.
 2. From the heavens the Lord looks forth; he sees all the chil - dren of men.
 3. to rescue their souls from death, to keep them a - live in famine.
 4. May your merciful love be up - on us, as we hope in you, O LORD.

TWENTY-SIXTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 3

Speech tempo, phrasing and emphasis

Dn. 3:31, 29, 30, 43, 42

All _____ that you _____ have done _____ to us, _____ O _____ Lord, you have done _____ with _____

true _____ judg - ment, for we _____ have _____ sinned _____ a - gainst you _____ and not o -

beyed _____ your com - mand - ments. But give _____ glo - ry to your name _____

and deal _____ with us ac - cord - ing to the boun - ty of your _____ mer - cy.

Congregational Refrain

For - give__ our sins, O Lord, that we may glo - ri - fy your name.

VERSES: Psalm 119(118):1-8

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. They never do any - thing evil, but walk in his ways.
 3. May my ways be firm in keep - ing your statutes.
 4. I will thank you with an up - right heart, as I learn your just judgments.

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. You have laid down your precepts to be care - ful - ly kept.
 3. Then I shall not be put to shame as I observe all your com - mands.
 4. I will keep your statutes; do not ev - er for - sake me.

Or:

Entrance Antiphon

Mode 3

Speech tempo, phrasing and emphasis

Dn. 3:31, 29, 30, 43, 42

All that you have done to us, O Lord, you have done with true judgment, for we have sinned against you and not obeyed your commandments. But give glory to your name and deal with us according to the bounty of your mercy.

Congregational Refrain

For - give__ our sins, O Lord, that we may glo - ri - fy your name.

VERSES: Psalm 130(129):1-6

1. Out of the depths I cry to you, O LORD; Lord, hear my voice!
 2. If you, O LORD, should mark in - iquities, Lord, who could stand?
 3. I long for you, O LORD, my soul longs for his word.

1. O let your ears be at - tentive to the sound of my pleadings.
 2. But with you is found for - giveness, that you may be re - vered.
 3. My soul hopes in the Lord more than watch - men for daybreak.

Communion

Communion Antiphon 1

Mode 4

Speech tempo, phrasing and emphasis

Cf. Ps. 119(118):49-50

Re - mem - ber your word ___ to your ser - vant, O ___ Lord, ___ by

which_ you have giv - en me hope. ___ This ___ is my com - fort

when I am brought ___ low.

Congregational Refrain

Re - mem - ber your word, _ O Lord, by which you give me hope.

VERSES: Psalm 119(118):1-2, 25, 28, 41, 74, 76, 81-82, 114

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. My soul holds fast to the dust; revive me by your word.
 3. LORD, let your mercy come up - on me, the salvation you have promised.
 4. My soul yearns for your sal - vation; I hope in your word.
 5. You are my hiding place, my shield; (_____)

1. (_____) (_____)
 2. (_____) (_____)
 3. Those who revere you see me and re - joice, for I trust in your word.
 4. (_____) (_____)
 5. (_____) (_____)

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. My soul pines a - way with grief; by your word raise me up.
 3. Let your merciful love con - sole me by your promise to your servant.
 4. My eyes yearn to see your promise. I ask, "When will you com - fort me?"
 5. (_____) I hope in your word.

Or:

Communion Antiphon 2

Mode 4

1 Jn. 3:16

Speech tempo, phrasing and emphasis

By — this — we — came — to know — the love — of God: —

that Christ — laid — down — his life — for us; so we — ought to

lay — down — our — lives for one an - oth - er.

Congregational Refrain

Re - mem - ber your word, — O Lord, by which you give me hope.

VERSES: Psalm 119(118):1-2, 25, 28, 41, 74, 76, 81-82, 114

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. My soul holds fast to the dust; revive me by your word.
 3. LORD, let your mercy come up - on me, the salvation you have promised.
 4. My soul yearns for your sal - vation; I hope in your word.
 5. You are my hiding place, my shield; (_____)

1. (_____) (_____)
 2. (_____) (_____)
 3. Those who revere you see me and re - joice, for I trust in your word.
 4. (_____) (_____)
 5. (_____) (_____)

1. Blessed are those who keep his de - crees! With all their hearts they seek him.
 2. My soul pines a - way with grief; by your word raise me up.
 3. Let your merciful love con - sole me by your promise to your servant.
 4. My eyes yearn to see your promise. I ask, "When will you com - fort me?"
 5. (_____) I hope in your word.

TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 4

Cf. Est. 4:17

Speech tempo, phrasing and emphasis

With - in your will, O Lord, all things are es - tab - lished, and there is

none that can re - sist your will. For you have made all things,

the heav - en and the earth, and all that is held with - in the cir - cle of

heav - en; you are the Lord of all.

Congregational Refrain

You are our Lord, you are the Lord of all.

VERSES: Psalm 119(118):1-8

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
 2. They never do anything evil, but walk in his ways.
 3. May my ways be firm in keeping your statutes.
 4. I will thank you with an upright heart, as I learn your just judgments.

1. Blessed are those who keep his decrees! With all their hearts they seek him.
 2. You have laid down your precepts to be carefully kept.
 3. Then I shall not be put to shame as I observe all your commands.
 4. I will keep your statutes; do not ever forsake me.

Communion

Communion Antiphon 1

Mode 1

Lam. 3:25

Speech tempo, phrasing and emphasis

The Lord is good to those who hope in him,

to the soul that seeks him.

Congregational Refrain

It is you alone, O Lord, that I seek.

VERSES 1–5: Psalm 103(102):1–12

1. Bless the LORD, O my soul, and all within me, his ho - ly name.
 2. It is the Lord who for - gives all your sins, who heals every one of your ills,
 3. The LORD does just deeds, gives full justice to all who are op - pressed.
 4. The LORD is com - passion - ate and gracious, slow to anger and rich in mercy.
 5. For as the heavens are high a - bove the earth, so strong his mercy for those who fear him.

1. (_____) (_____)
 2. who redeems your life from the grave, who crowns you with mercy and com - passion,
 3. (_____) (_____)
 4. He will not al - ways find fault; nor persist in his an - ger for - ever.
 5. (_____) (_____)

1. Bless the LORD, O my soul, and never for - get all his benefits.
 2. who fills your life with good things, renewing your youth like an eagle's.
 3. He made known his ways to Moses, and his deeds to the chil - dren of Israel.
 4. He does not treat us ac - cording to our sins, nor repay us ac - cording to our faults.
 5. As far as the east is from the west, so far from us does he re - move our trans - gressions.

VERSES 6-9: Psalm 103(102):13-14, 17-18, 21-22

6. As a father has com - passion on his children, the LORD's compassion is on those who fear him.
7. Man, his days are like grass; he flowers like the flower of the field.
8. But the mercy of the LORD is ev - er - lasting upon those who hold him in fear,
9. Bless the LORD, all his hosts, his servants, who do his will.

6. (_____) (_____)
7. (_____) (_____)
8. upon children's chil - dren his justice, for those who keep his covenant,
9. Bless the LORD, all his works, in every place where he rules.

6. For he knows of what we are made; he re - members that we are dust.
7. The wind blows, and it is no more, and its place never sees it a - gain.
8. (_____) and remember to ful - fill his com - mands.
9. (_____) Bless the LORD, O my soul!



Or:

Communion Antiphon 2

Mode 1

Cf. 1 Cor. 10:17

Speech tempo, phrasing and emphasis

Though man - y, we are one bread, one bod - y,

for we all par - take of the one Bread and one Chal - ice.

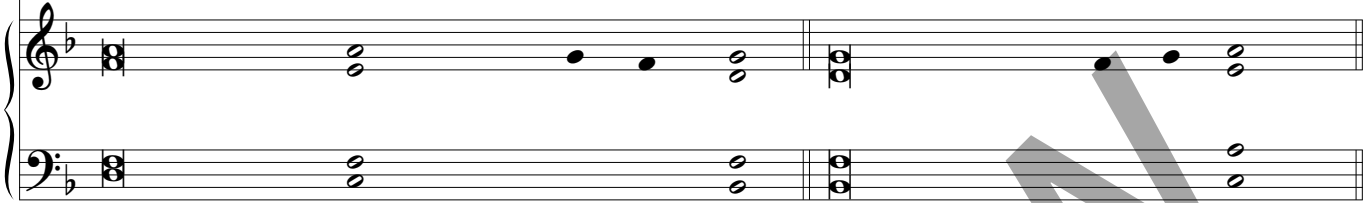
Congregational Refrain

It is you a - lone, O Lord, that I seek.

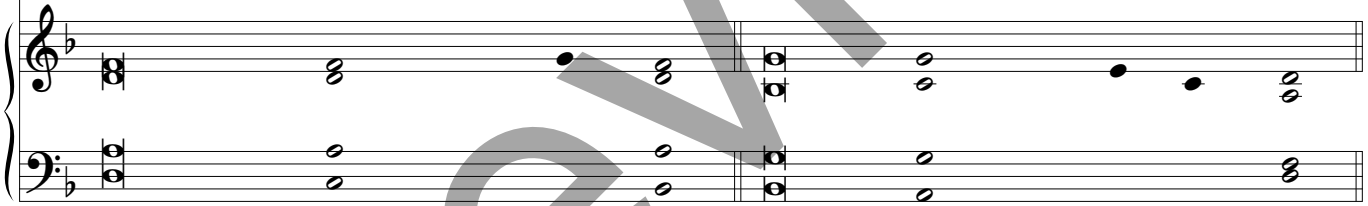
VERSES: Psalm 122(121)



1. I re - joiced when they said to me, "Let us go to the house of the LORD."
2. Jerusalem is built as a city bonded as one to - gether.
3. For Israel's wit - ness it is to praise the name of the LORD.
4. For the peace of Je - ru - sa - lem pray, "May they prosper, those who love you."
5. For the sake of my fami - ly and friends, let me say, "Peace up - on you."



1. And now our feet are standing within your gates, O Je - rusalem.
2. It is there that the tribes go up, the tribes of the LORD.
3. There were set the thrones for judgment, the thrones of the house of David.
4. May peace a - bide in your walls, and se - curity be in your towers.
5. For the sake of the house of the LORD, our God, I will seek good things for you.



TWENTY-EIGHTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 3

Speech tempo, phrasing and emphasis

Ps. 130(129):3-4

If you, O Lord, should mark in - i - qui - ties, Lord, who could stand? —

But with you is found for - give - ness, O God of

Is - ra - el.

Congregational Refrain

With you is found for - give - ness, O God of Is - ra - el.

VERSES: Psalm 130(129):1-6

1. Out of the depths I cry to you, O LORD; Lord, hear my voice!
 2. If you, O LORD, should mark iniquities, Lord, who could stand?
 3. I long for you, O LORD, my soul longs for his word.

1. O let your ears be attentive to the sound of my pleadings.
 2. But with you is found forgiveness, that you may be revered.
 3. My soul hopes in the Lord more than watchmen for daybreak.

Preview

Communion

Communion Antiphon 1

Mode 2

Cf. Ps. 34(33):11

Speech tempo, phrasing and emphasis

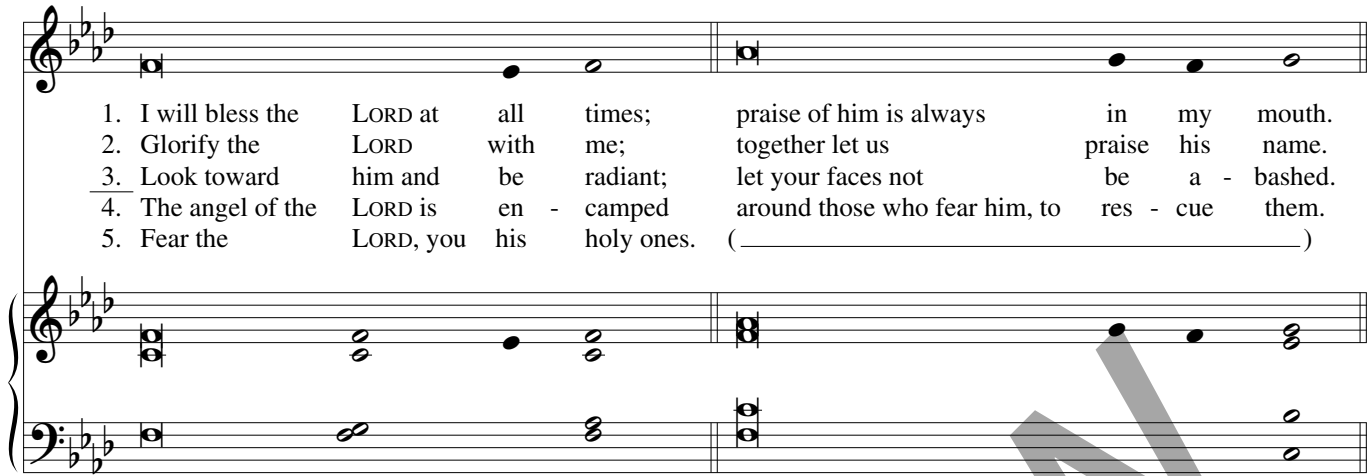
The rich _____ suf - fer want and go _____ hun - gry, but those _ who

seek _ the Lord _____ lack _____ no _____ bless - ing.

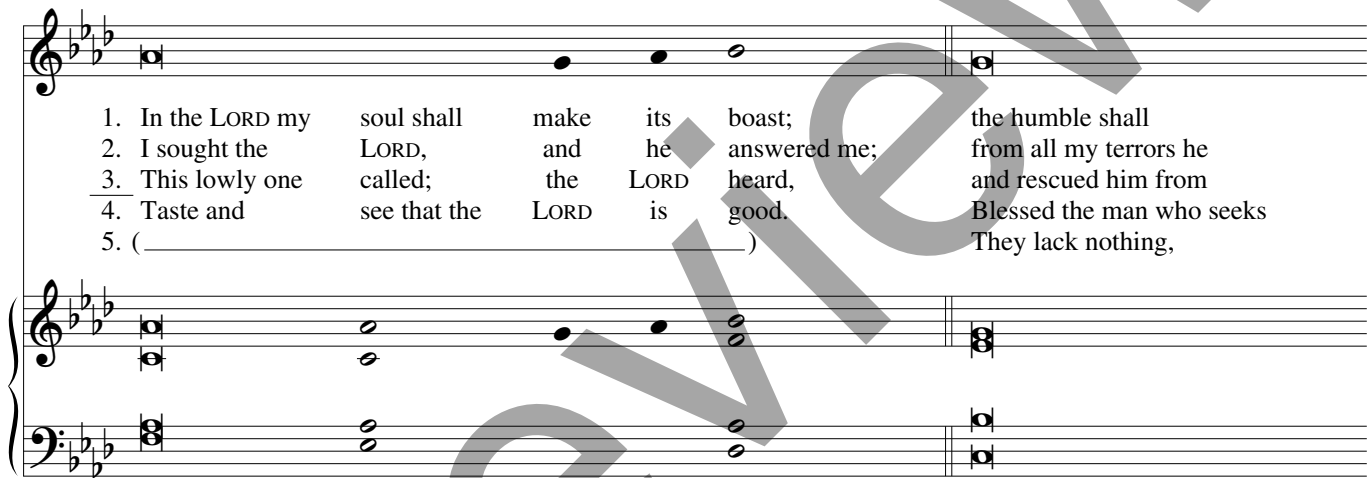
Congregational Refrain

It is you _ a - lone, _ O Lord, that I _____ seek.

VERSES 1-5: Psalm 34(33):2-10



1. I will bless the LORD at all times; praise of him is always in my mouth.
 2. Glorify the LORD with me; together let us praise his name.
 3. Look toward him and be radiant; let your faces not be a - bashed.
 4. The angel of the LORD is en - camped around those who fear him, to res - cue them.
 5. Fear the LORD, you his holy ones. (_____)



1. In the LORD my soul shall make its boast; the humble shall
 2. I sought the LORD, and he answered me; from all my terrors he
 3. This lowly one called; the LORD heard, and rescued him from
 4. Taste and see that the LORD is good. Blessed the man who seeks
 5. (_____) They lack nothing,



1. hear and be glad.
 2. set me free.
 3. all his dis - tress.
 4. refuge in him.
 5. those who fear him.

VERSES 6–11: Psalm 34(33):12–23

6. Come, children, and hear me, that I may teach you the fear of the
 7. Guard your tongue from evil, and your lips from speak - ing de -
 8. The LORD turns his eyes to the just, and his ears are open to their
 9. When the just cry out, the LORD hears, and rescues them in all their dis -
 10. Many are the trials of the just man, but from them all the LORD will res - cue
 11. Evil brings death to the wicked; those who hate the just man are

6. LORD. Who is it that de - sires life and longs to see
 7. ceit. Turn aside from evil and do good. Seek after
 8. cry. The LORD turns his face a - gainst the wicked to destroy their re -
 9. tress. The LORD is close to the bro - ken - hearted; those whose spirit is
 10. him. He will keep guard over all his bones; not one of his
 11. doomed. The LORD ransoms the souls of his servants. All who trust in him shall

6. prosper - ous days?
 7. peace, and pur - sue it.
 8. remembrance from the earth.
 9. crushed he will save.
 10. bones shall be broken.
 11. not be con - demned.



Or:

Communion Antiphon 2

Mode 2

1 Jn. 3:2

Speech tempo, phrasing and emphasis

When the Lord ap - pears, we shall be like him,

for we shall see him as he is.

Congregational Refrain

It is you a - lone, O Lord, that I seek.

VERSES: Psalm 63(62):2-6

1. O God, you are my God; at dawn I seek you; for you my soul is thirsting.
 2. Your loving mercy is better than life; my lips will speak your praise.

1. For you my flesh is pining, like a dry, weary land with - out water.
 2. I will bless you all my life; in your name I will lift up my hands.

1. I have come before you in the sanctuary, to behold your strength and your glory.
 2. My soul shall be filled as with a banquet; with joyful lips, my mouth shall praise you.

TWENTY-NINTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 3

Speech tempo, phrasing and emphasis

Cf. Ps. 17(16):6, 8

To you I call; for you will surely heed me, O God; turn your ear to me; hear my words. Guard me as the apple of your eye; in the shadow of your wings protect me.

Congregational Refrain

In the shadow of your wings, protect me.

VERSES: Psalm 17(16):1-3, 5

1. O LORD, hear a cause that is just; pay heed to my cry. Turn your ear to my
 2. Search my heart and visit me by night. () ()
 3. I kept my steps firmly in your paths. () ()

1. prayer: no deceit is on my lips. From you may my justice come forth.
 2. —) () ()
 3. —) () ()

1. Your eyes discern what is upright.
 2. Test me by fire, and you will find no wrong in me.
 3. My feet have never faltered.

Communion

Communion Antiphon 1

Mode 2

Cf. Ps. 33(32):18-19

Speech tempo, phrasing and emphasis

Be - hold, _____ the eyes _ of the Lord _____ are on those _ who fear _____

him, _____ who hope in his mer - ci - ful love, to res - cue their souls _____ from

death, _ to keep them a - live _____ in _ fam - ine.

Congregational Refrain

The eyes _ of the Lord are on those _ who fear _____ him.

VERSES: Psalm 33(32):13–15, 20–22

1. From the heavens the Lord looks forth; he sees all the children of men.
 2. Our soul is waiting for the LORD. He is our help and our shield.

1. From the place where he dwells he gazes on all the dwellers on the earth,
 2. In him do our hearts find joy. We trust in his holy name.

1. he who shapes the hearts of them all, and considers all their deeds.
 2. May your merciful love be upon us, as we hope in you, O LORD.

Or:

Communion Antiphon 2
Mode 2

Mk. 10:45

Speech tempo, phrasing and emphasis

The Son of Man has come to give his life
as a ransom for many.

Congregational Refrain

The eyes of the Lord are on those who fear him.

VERSES: Revelation 4:11; 5:9b–10, 12b

1. O Lord our God, you are worthy (_____)
 2. For you have cre - ated all things; (_____)
 3. Worthy are you to re - ceive the scroll and break o - pen its
 4. With your blood you purchased for God men of every race and
 5. You made of them a kingdom, and priests to serve our
 6. Worthy is the Lamb that was slain to receive power and riches, wis - dom and

1. _____) to receive glory and honor and power!
 2. _____) by your will they came to be and were made!
 3. seals, for you were slain.
 4. tongue, of every people and nation.
 5. God, and they shall reign on the earth.
 6. strength, honor and glory and praise!

THIRTIETH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 2

Cf. Ps. 105(104):3-4

Speech tempo, phrasing and emphasis

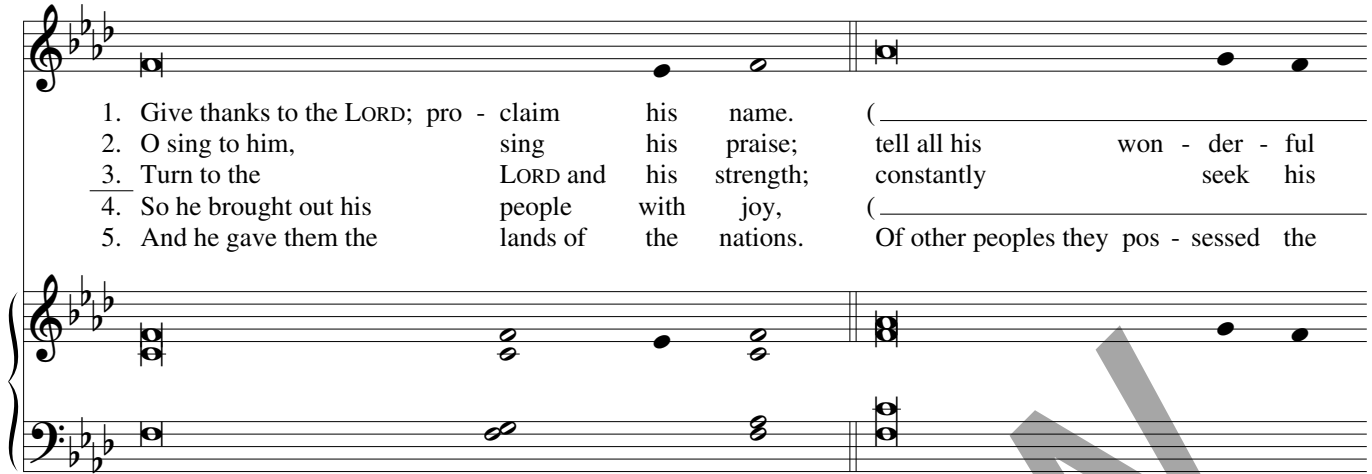
Let the hearts _____ that seek _____ the Lord _____ re - joice; _____ turn _____

to the Lord _____ and his _____ strength; _____ con - stant - ly seek _____ his face. _____

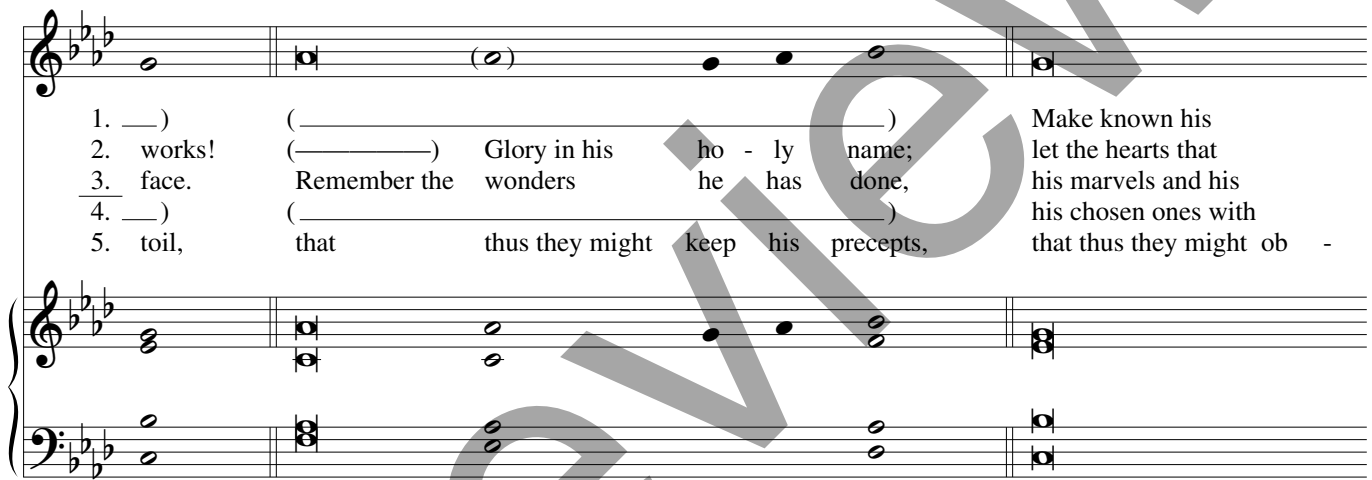
Congregational Refrain

It is your _____ face that we _____ seek, _____ O Lord.

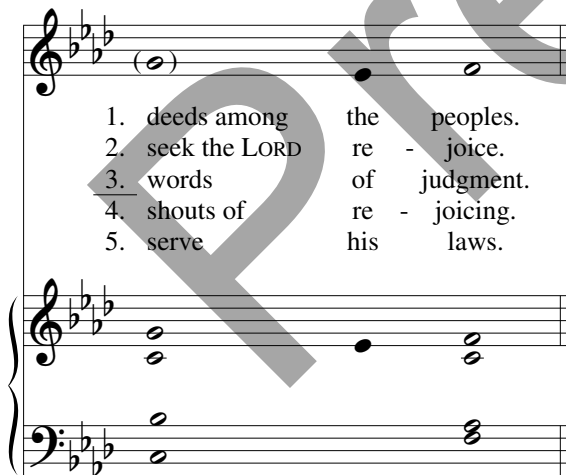
VERSES: Psalm 105(104):1-5, 43-45



1. Give thanks to the LORD; pro - claim his name. (_____)
 2. O sing to him, sing his praise; tell all his won - der - ful
 3. Turn to the LORD and his strength; constantly seek his
 4. So he brought out his people with joy, (_____)
 5. And he gave them the lands of the nations. Of other peoples they pos - sessed the



1. _____ (_____)
 2. works! (_____) Glory in his ho - ly name; let the hearts that
 3. face. Remember the wonders he has done, his marvels and his
 4. _____ (_____)
 5. toil, that thus they might keep his precepts, that thus they might ob -



1. deeds among the peoples.
 2. seek the LORD re - joice.
 3. words of judgment.
 4. shouts of re - joicing.
 5. serve his laws.

Communion

Communion Antiphon 1

Mode 2

Cf. Ps. 20(19):6

Speech tempo, phrasing and emphasis

We will ring out our joy at your saving help

and exult in the name of our God.

Congregational Refrain

Christ loved us and gave himself up for us.

VERSES: Psalm 20(19):2-7

1. May the LORD answer you in time of trial; may the name of Jacob's God protect you.
 2. May he remember all your offerings, and receive your sacrifice with favor.
 3. May we ring out our joy at your victory, and raise banners in the name of our God.
 4. Now I know the LORD saves his anointed, and answers from his holy heaven

1. May he send you help from the holy place, and give you support from Sion.
 2. May he give you your heart's desire, and fulfill every one of your plans.
 3. () May the LORD grant all your prayers.
 4. () with the mighty victory of his hand.

Or:

Communion Antiphon 2

Mode 2

Eph. 5:2

Speech tempo, phrasing and emphasis

Christ _____ loved _____ us and gave _____ him - self _____ up _____ for us,

as a frag - rant of - fer - ing to _____ God. _____

Congregational Refrain

Christ_ loved_ us and gave him - self up for us.

VERSES: Revelation 4:11; 5:9b–10, 12b

1. O Lord our God, you are worthy (

2. For you have cre - ated all things; (

3. Worthy are you to re - ceive the scroll and break o - pen its

4. With your blood you purchased for God men of every race and

5. You made of them a kingdom, and priests to serve our

6. Worthy is the Lamb that was slain to receive power and riches, wis - dom and

1. —) to receive glory and honor and power!

2. —) by your will they came to be and were made!

3. seals, for you were slain.

4. tongue, of every people and nation.

5. God, and they shall reign on the earth.

6. strength, honor and glory and praise!

THIRTY-FIRST SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon

Mode 7

Cf. Ps. 38(37):22-23

Speech tempo, phrasing and emphasis

For - sake me not, O Lord, my God; be not far from me!

Make haste and come to my help, O

Lord, my strong sal - va - tion!

Congregational Refrain

Make haste, O Lord, and come to our help!

VERSES: Psalm 38(37):2-7

1. O LORD, do not rebuke me in your anger; reprove me not in your rage.
 2. There is no soundness in my flesh because of your anger:
 3. My guilt towers higher than my head; it is a weight too heavy to bear.

1. (_____) (_____)
 2. (_____) (_____)
 3. My wounds are foul and festering, the result of my own folly.

1. For your arrows have sunk deep in me; your hand has come down upon me.
 2. there is no health in my limbs because of my sin.
 3. I am bowed and brought to my knees. I go mourning all the day long.

Communion

Communion Antiphon 1

Mode 7

Speech tempo, phrasing and emphasis

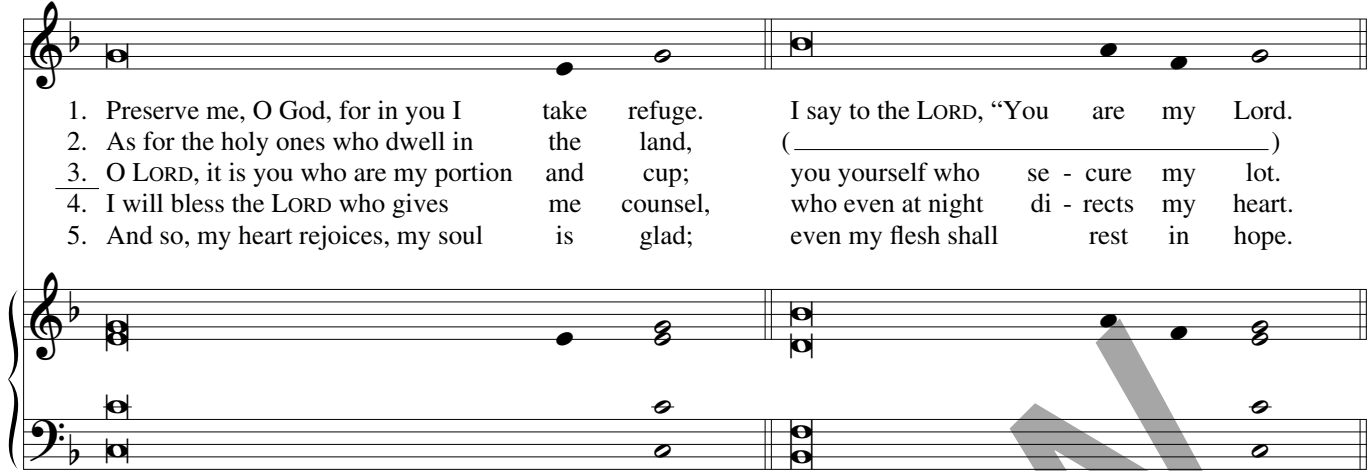
Cf. Ps. 16(15):11

You will show me the path of life, the fullness of
joy in your presence, O Lord.

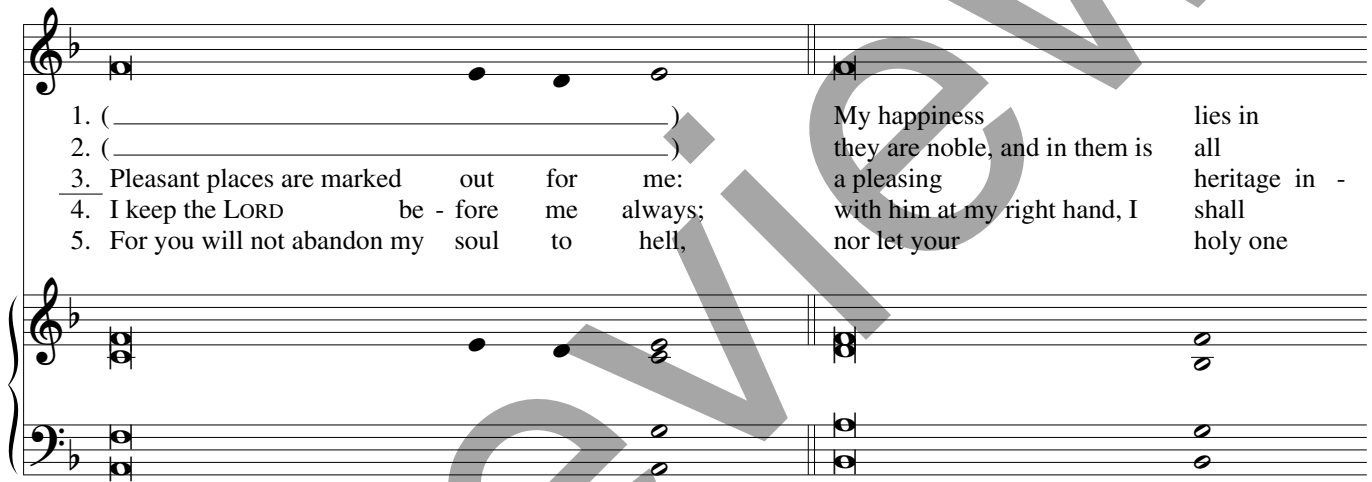
Congregational Refrain

Whoever feeds on me shall have life because of me, says the Lord.

VERSES: Psalm 16(15):1-3, 5-10



1. Preserve me, O God, for in you I take refuge. I say to the LORD, "You are my Lord.
 2. As for the holy ones who dwell in the land, (_____)
 3. O LORD, it is you who are my portion and cup; you yourself who secure my lot.
 4. I will bless the LORD who gives me counsel, who even at night directs my heart.
 5. And so, my heart rejoices, my soul is glad; even my flesh shall rest in hope.



1. (_____) My happiness lies in
 2. (_____) they are noble, and in them is all
 3. Pleasant places are marked out for me: a pleasing heritage in -
 4. I keep the LORD before me always; with him at my right hand, I shall
 5. For you will not abandon my soul to hell, nor let your holy one



1. you a - lone."
 2. my de - light.
 3. deed is mine!
 4. not be moved.
 5. see cor - ruption.

Or:

Communion Antiphon 2

Mode 7

Jn. 6:58

Speech tempo, phrasing and emphasis

Just as the liv - ing Fa - ther sent me and I have

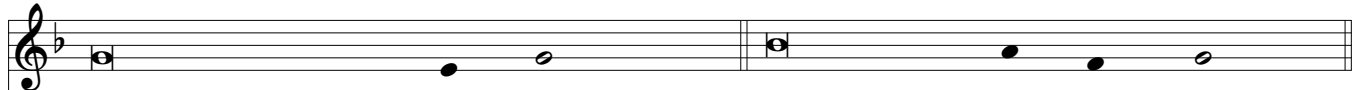
life be-cause of the Fa - ther, so who - ev - er feeds on me

shall have life be-cause of me, says the Lord.

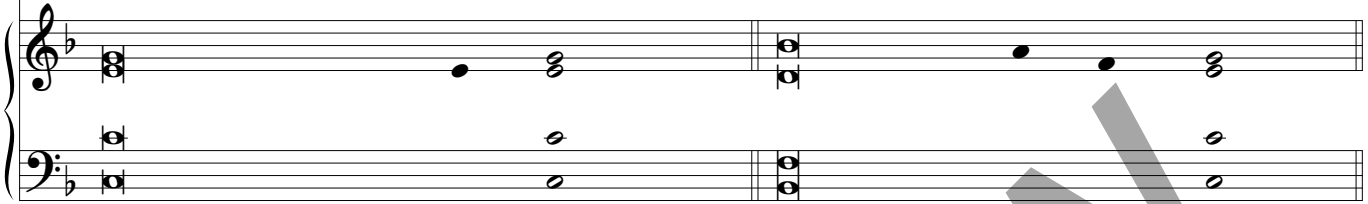
Congregational Refrain

Who - ev - er feeds on me shall have life be-cause of me, says the Lord.

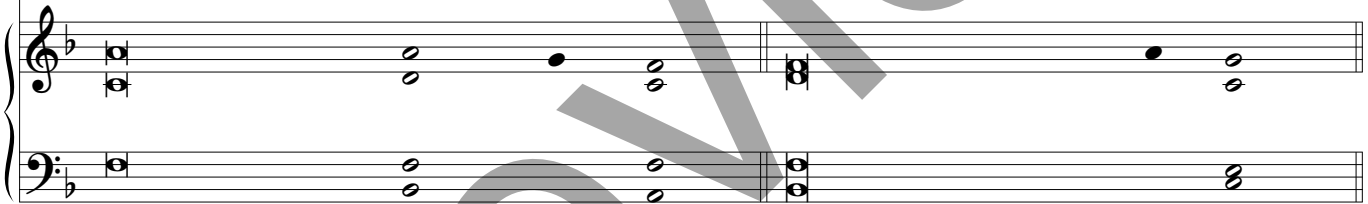
VERSES: Psalm 23(22)



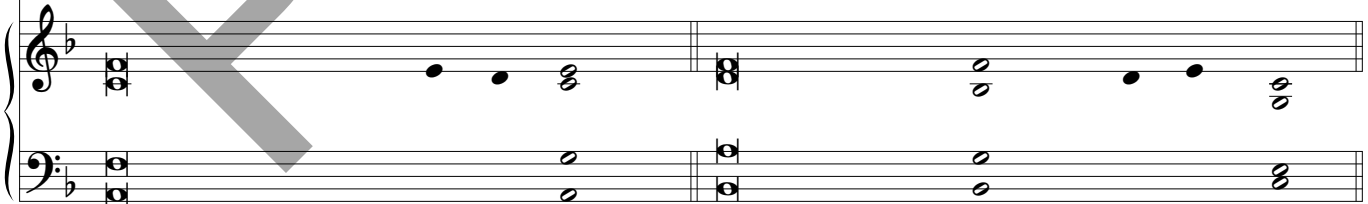
1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.



1. Fresh and green are the pastures where he gives me re - pose.
2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
3. (_____) (_____)
4. (_____) (_____)



1. Near restful wa - ters he leads me; (_____) he re - vives my soul.
2. (_____) Your crook and your staff will give me comfort.
3. My head you have anoint - ed with oil; my cup is o - ver - flowing.
4. In the LORD's own house shall I dwell for length of days un - ending.



Or:

Communion Antiphon 2

Mode 7

Jn. 6:58

Speech tempo, phrasing and emphasis

Just as the liv - ing Fa - ther sent me and I have

life be-cause of the Fa - ther, so who - ev - er feeds on me

shall have life be-cause of me, says the Lord.

Congregational Refrain

Who - ev - er feeds on me shall have life be-cause of me, says the Lord.

VERSES: Psalm 33(32):1, 12-13, 18-22

1. Ring out your joy to the LORD, O you just; (_____)
 2. Blessed the nation whose God is the LORD, the people he has chosen as his heritage.
 3. Yes, the LORD's eyes are on those who fear him, who hope in his mer - ci - ful love,
 4. Our soul is waiting for the LORD. He is our help and our shield.

1. (_____) (_____)
 2. (_____) (_____)
 3. (_____) (_____)
 4. In him do our hearts find joy. We trust in his ho - ly name.

1. (_____) for praise is fitting for the upright.
 2. From the heavens the Lord looks forth; he sees all the chil - dren of men.
 3. to rescue their souls from death, to keep them a - live in famine.
 4. May your merciful love be up - on us, as we hope in you, O LORD.

THIRTY-SECOND SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon Mode 3

Cf. Ps. 88(87):3

Speech tempo, phrasing and emphasis

Let my prayer _____ come in - to your pres - ence. in - cline _____ your ear _____

to my cry _____ for help, O Lord. _____

Congregational Refrain

Let my prayer come in - to your pres - ence.

VERSES: Psalm 88(87):2-9

1. O LORD and God of my sal - vation, I cry before you day and night.
 2. I am reckoned as one in the tomb; I am like a warrior with - out strength,
 3. You have laid me in the depths of the pit, in regions that are dark and deep.

1. Let my prayer come in - to your presence. Incline your ear to my cry.
 2. like one roaming a - mong the dead, like the slain lying in their graves,
 3. Your anger weighs down up - on me; I am drowned be - neath your waves.

1. For my soul is filled with evils; my life is on the brink of the grave.
 2. like those you remember no more, cut off, as they are, from your hand.
 3. You have taken away my friends; to them you have made me hateful.

Communion

Communion Antiphon 1

Mode 2

Cf. Ps. 23(22):1-2

Speech tempo, phrasing and emphasis

The Lord is my shepherd; there is nothing I shall want.

Fresh and green are the pastures where he gives me repose,

near restful waters he leads me.

Congregational Refrain

Christ loved us and gave himself up for us.

VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
 2. He guides me a - long the right path, for the sake of his name.
 3. You have prepared a table be - fore me in the sight of my foes.
 4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me re - pose.
 2. Though I should walk in the valley of the shad - ow of death, no evil would I fear, for you are with me.
 3. My head you have a - noint - ed with oil; (_____)
 4. In the LORD's own house shall I dwell (_____)

1. Near restful wa - ters he leads me; he re - vives my soul.
 2. (_____) Your crook and your staff will give me comfort.
 3. (_____) my cup is o - ver - flowing.
 4. (_____) for length of days un - ending.

Or:

Communion Antiphon 2

Mode 2

Cf. Lk. 24:35

Speech tempo, phrasing and emphasis

The dis - ci - ples rec - og - nized the Lord — Je - sus in the

break - ing of bread. —

Congregational Refrain

Christ — loved — us and gave him - self up — for us.

VERSES: Revelation 4:11; 5:9b–10, 12b

1. O Lord our God, you are worthy (_____)
 2. For you have cre - ated all things; (_____)
 3. Worthy are you to re - ceive the scroll and break o - pen its
 4. With your blood you purchased for God men of every race and
 5. You made of them a kingdom, and priests to serve our
 6. Worthy is the Lamb that was slain to receive power and riches, wis - dom and

1. _____) to receive glory and honor and power!
 2. _____) by your will they came to be and were made!
 3. seals, for you were slain.
 4. tongue, of every people and nation.
 5. God, and they shall reign on the earth.
 6. strength, honor and glory and praise!

THIRTY-THIRD SUNDAY IN ORDINARY TIME

Entrance Antiphon
Mode 6

Entrance

Jer. 29:11, 12, 14

Speech tempo, phrasing and emphasis

The Lord said: I think thoughts of peace and not of af -

flic - tion. You will call up - on me, and I will an - swer you,

and I will lead back your cap - tives from ev - ery place.

Congregational Refrain

Hear us, O Lord, as we call up - on you.

VERSES: Psalm 85(84):2-8, 11-12

1. O LORD, you have fa - vored your land, and brought back the cap - tives of Jacob.
 2. Bring us back, O God, our savior! Put an end to your griev - ance a - gainst us.
 3. Will you not restore a - gain our life, that your people may re - joice in you?
 4. Merciful love and faithful - ness have met; justice and peace have kissed.

1. You forgave the guilt of your people, and covered all their sins.
 2. Will you be angry with us for - ever? (_____)
 3. Let us see, O LORD, your mercy, (_____)
 4. Faithfulness shall spring from the earth, (_____)

1. You averted all your rage; you turned back the heat of your anger.
 2. (_____) Will your anger last from age to age?
 3. (_____) and grant us your sal - vation.
 4. (_____) and justice look down from heaven.

Communion

Communion Antiphon 1

Mode 1

Ps. 73(72):28

Speech tempo, phrasing and emphasis

To be near God is my hap - pi - ness, to place my

hope in God the Lord.

Congregational Refrain

To be near God is my hap - pi - ness.

VERSES: Psalm 73(72):1-2, 21-28

1. How good is God to Israel, to those who are pure of heart!
 2. And so when my heart grew em - bittered, and I was pierced to the depths of my being,
 3. As for me, I was always in your presence; you were holding me by my right hand.
 4. What else have I in heav - en but you? Apart from you, I want noth - ing on earth.
 5. Surely, those who are far from you perish; you destroy all those who are un - faithful.

1. (_____) (_____)
 2. (_____) (_____)
 3. (_____) (_____)
 4. My body and my heart waste a - way; (_____)
 5. To be near God is my happiness; I have my hope in the Lord God.

1. As for me, I came close to stumbling; my feet had al - most slipped.
 2. I was stupid and did not un - der - stand; I was like a beast in your sight.
 3. By your counsel you will guide me, and then you will lead me to glory.
 4. God is the strength of my heart; God is my por - tion for - ever.
 5. I will pro - claim your works at the gates of daugh - ter Sion.

Or:

Communion Antiphon 2

Mode 1

Mk. 11:23-24

Speech tempo, phrasing and emphasis

A - men, I say to you: What - ev - er you ask in

prayer, be - lieve that you will re - ceive, and it

shall be giv - en to you, says the Lord.

Congregational Refrain

To be near God is my hap - pi - ness.

VERSES: Psalm 61(60)

1. Listen, O God, to my cry! Attend to my prayer!
 2. Set me high up - on the rock too high for me to reach,
 3. Then will I dwell in your tent for - ever, and hide in the shelter of your wings.
 4. Day upon day you will add to the king; his years as age up - on age.

1. () ()
 2. () ()
 3. ()
 4. May he ever sit enthroned be - fore God: For you, O God, have heard my vows; bid mercy and truth be his pro - tection.

1. From the end of the earth I call you; () my heart is faint.
 2. you, my refuge and might - y tower () a - gainst the foe.
 3. you have given me the heritage of those () who fear your name.
 4. So I will sing to your name for - ever, and day after day ful - fill my vows.

Scriptural Index

Esther 4:17	78	Psalm 103(102):13–22	10
Psalm 6:54	34	Psalm 104(103):13–15	30
Psalm 16(15):1–3, 5–10	109	Psalm 105(104):1–5, 43–45	101
Psalm 16(15):11	108	Psalm 105(104):3–4	100
Psalm 17(16):1–3, 5	95	Psalm 111(110)	19
Psalm 17(16):6, 8	94	Psalm 116B(115):10–19	59
Psalm 20(19):2–7	103	Psalm 119(118):1–2, 11, 49–50, 72, 103, 105	25, 33
Psalm 20(19):6	102	Psalm 119(118):1–2, 25, 28, 41, 74, 76, 81–82, 114	75, 77
Psalm 23(22)	27, 35, 67, 111, 117	Psalm 119(118):1–3, 7–9, 26, 59–60, 134, 168	65
Psalm 23(22):1–2	116	Psalm 119(118):1–8	71, 79
Psalm 31(30):2–9, 17–18	39	Psalm 119(118):4–5	64
Psalm 31(30):20	38	Psalm 119(118):49–50	74
Psalm 31(30):20–25	40	Psalm 119(118):137, 124	44
Psalm 33(32):1, 12–13, 18–22	69, 113	Psalm 119(118):145–152	45
Psalm 33(32):13–15, 20–22	97	Psalm 122(121)	85
Psalm 33(32):18–19	96	Psalm 122(121):1–7	53
Psalm 34(33):2–10	89	Psalm 130(129)	23, 31
Psalm 34(33):11	88	Psalm 130(129):1–6	73, 87
Psalm 34(33):12–23	90	Psalm 130(129):3–4	86
Psalm 36(35):6–10	51, 57	Psalm 130(129):7	22
Psalm 36(35):8	56	Psalm 147:12, 14	16
Psalm 37(36):27–40	63	Psalm 147B(147):12–20	17
Psalm 37(36):1, 3, 16, 18–19, 23, 27	13, 43	Wisdom 16:20	8
Psalm 38(37):2–7	107	Sirach 36:1–5, 10–17	55
Psalm 38(37):22–23	106	Sirach 36:18	52, 54
Psalm 42(41):2–3	46	Jeremiah 29:11, 12, 14	120
Psalm 42(41):3c–83	47	Lamentations 3:25	80
Psalm 42(41):9–12	48	Daniel 3:31, 29, 30, 43, 42	70, 72
Psalm 61(60)	125	Matthew 5:9–10	42
Psalm 63(62):2–6	93	Mark 10:45	98
Psalm 70(69)	7	Mark 11:23–24	124
Psalm 70(69):2, 6	6	Luke 24:35	118
Psalm 73(72):1–2, 21–28	123	John 6:35	12
Psalm 73(72):28	122	John 6:51	18
Psalm 74(73):20, 19, 22, 23	14	John 6:51–52	24, 26
Psalm 74(73):10–13, 16–17	15	John 6:54	32
Psalm 78(77):1–7	61	John 6:58	110, 112
Psalm 84(83):10–11	20	John 8:12	50
Psalm 84(83):2–3, 9–11	21	John 10:14	66, 68
Psalm 85(84):2–8, 11–12	121	1 Corinthians 10:16	58
Psalm 86(85):1–3	28	1 Corinthians 10:17	84
Psalm 86(85):1–6	37	Ephesians 5:2	104
Psalm 86(85):3–5	36	1 John 3:2	92
Psalm 86(85):5–8, 12–13	29	1 John 3:16	76
Psalm 88(87):2–9	115	Revelation 4:11; 5:9b–10, 12b	99, 105, 119
Psalm 88(87):3	114		
Psalm 103(102):1–12	9, 81		
Psalm 103(102):13–14, 17–18, 21–22	82		